



INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS  
**DELTA KAPPA GAMMA™**

## Mainspring Fall 2022



### *Message from President Mary Hyland Maine State Organization*

Alpha Psi State Officers  
2021-2023  
President Mary Hyland  
(Epsilon)  
First Vice President/  
Educational Excellence Chair  
Priscilla McFarland (Theta)  
Second Vice President/  
Membership Chair  
Rachelle Tome (Gamma)  
Treasurer Kathy Sticht  
(Epsilon)  
Assistant Treasurer  
Teresa Brzostowicz (Omicron)  
Parliamentarian  
Kathy Bartley (Sigma)  
Recording Secretary  
Venise Philbrick (Mu)  
Corresponding Secretary  
Rheba Michaud (Omicron)  
Immediate Past State  
President  
Donna Kennison (Zeta)  
Joan Wenzel-Editor

### **Respond, Renew, Relate – with Resolve!**

**A** year ago, the President's Message in our Mainspring consisted of a cryptic list of my insights from the new state presidents' 2021 training in Atlanta. My plan then was to expound on that list over the course of the biennium. That is still my plan. You will not have to dig out your Spring 2021 Mainspring to find that list.



Here it is:

- 1 Leadership development is self-development.  
Look within. (Sandra Berry would say, "Look up").
- 2 Remember that geese formation lesson? It still works.
- 3 Listen first

- 4 Ask members which communication method they prefer.
- 5 Use the International website-no need to reinvent the wheel.
- 6 Don't go too far with the virtual side; we thrive on personal connections.
- 7 What if each member recruited just one member? Imagine the possibilities.
- 8 "I'll come back if asked." Reinstate.
- 9 "I'm retired."Translated: Grandparent who helped her own survive online education
- 10 Give members small, one-shot jobs to start engaging them.
- 11 Membership is everyone's job; not just the Membership Chair's job!
- 12 It's not about my expectations; it's about what I will do for you.
- 13 "If I don't say it out loud, it's not happening." No... Ask for help.**
- 14 "If I don't put it on paper, it's not that bad." No... Ask for more help.**
- 15 Use the term "educator " as a broader image term.
- 16 Growing isn't always about the numbers.

The remainder of this message will focus on the quotes in **bold**.

Over the past several years, dropping membership numbers have been addressed out loud at various events and written in publications, especially in the reports by your previous and current Second Vice Presidents who also serve as State Membership Chairs.

But please allow me to put some numbers on paper and bluntly take it a step further right here:

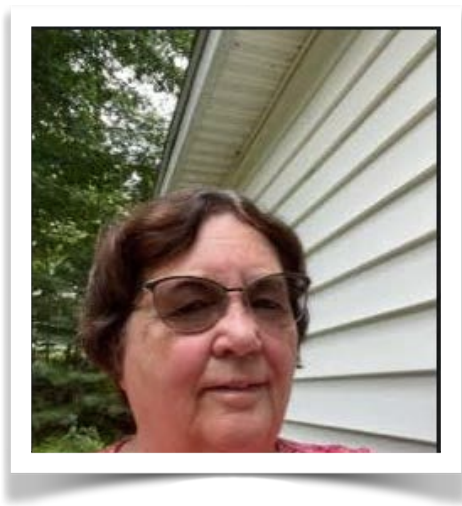
Since 2012, Maine's membership has decreased from 599 members to 335 members. At that rate, within another ten years or so, Maine S.O. could cease to exist.

DKG could become history. Is that OK with you?  
DKG is a gift. Are you willing to keep that gift all to yourself?  
It is that bad. What can we do?

Your leadership team — that's the officers, the chapter presidents, the past state presidents, and the committee chairs has put together a Fall Workshop that will specifically address our needs. Registration info appears later in this *Mainspring*. Show up and engage. You will get some help. Resolve to keep our precious and promising organization alive. See you there.

With resolve,  
Mary





Priscilla McFarland

First Vice President,

**B**efore I attended the International Convention in New Orleans, I had never heard of beignets (ben yay). These puffy, doughnut-like treats, served piping hot and dredged in powdered sugar, were delectable and memorable. Eating was certainly a highlight of the trip. I enjoyed the region's gumbo, jambalaya, muffulettas, bananas foster, and even catfish.

Maine was well represented in NOLA, with 8 of us in attendance. We were kept busy with inspiring keynote speakers, voting on a lengthy list of proposed changes to the Bylaws, and attending numerous stimulating sessions related to our society and personal and professional development. Any spare time was taken up with various tours, including a ghostly, fascinating, after-dark cemetery tour, searching out local eateries, and exploring the nearby French Quarter. The view from my room on the 31st floor of the Sheraton, which overlooked the Mississippi, was always scenic. My only regret was not having a few extra days to indulge in more sightseeing, exploring museums, shopping opportunities, and experiencing the music and architecture of the French Quarter. I plan to go back during a cooler season.

As you probably know, two of my primary responsibilities as First V.P. are to oversee the process of awarding the Alpha Psi Achievement Award (APAA) and to chair the Educational Excellence Committee (EEC). I am reminding chapter presidents that nominations for the APAA are due by December 1st, 2022. Nomination forms and guidelines will be emailed to you in early September. You should begin discussing possible nominations during your first meetings this fall.

Membership of the Educational Excellence Committee includes all chapter First Vice Presidents. If a chapter does not have a First V.P., then a representative from that chapter should be chosen to serve. In addition, the representative of the U.S.Forum and the chairs of several committees, including Scholarship, World Fellowship, Membership, and Music are members of the EEC.

Rest assured; membership on the committee does not entail much time and effort. We are supposed to meet at least once a year. I plan to meet with the Educational Excellence Committee at Fall Workshop.

We will review all of the aspects of EEC, identify and explore resources to help chapters engage in activities related to EEC, and plan some programs together. I hope to see all committee members at the meeting.

It is widely reported that nearly 50% of teachers leave the profession within their first five years of service. This statistic indicates that Supporting Early Career Educators (SEE) one of the primary components of the EEC, is an important endeavor for chapters. Reach out to new teachers in your area, ask what you can do to help, and offer your continued support. Try to provide little gifts or helpful gestures throughout the year, not just in the fall.

Schools for Africa (SFA) is a partnership with UNICEF and DKG. SFA is another major concern of the EEC. Last year, Maine's "Change for Change" project netted \$802.56 for SFA. I have previously shared a list of video links about SFA with chapters. These short clips illustrate the many ways that SFA has made an impact on children, and viewing them would be an effective way to kick off your chapter's SFA fundraising efforts. Last year 8 chapters participated in "Change for Change." They were: Epsilon, Alpha, Mu, Theta, Omicron, Gamma, Kappa, and Nu. Let's aim for 100% participation this year!

Promoting UN activities and the Committee for Teaching about the UN (CTAUN) is another focus of the Educational Excellence Committee. As a chapter, you could spend time familiarizing yourselves with the curriculum resources available on the CTAUN website. Then introduce the site to teachers, either one-on-one or as a group. You could award certificates to teachers who use the materials in their classrooms. Publicizing the awards provides a great public relations and marketing opportunity for our organization.

Empowering women to take on leadership roles is another aspect of EEC. Invite women in leadership positions to speak at a meeting. Discuss their journey to acquiring that position and how they honed their leadership skills. Promote leadership development within your chapter. Set up opportunities to job shadow committee chairs or officers. Divide up responsibilities within your activities so that each member feels important and needed.

Support women in leadership roles in your community and beyond. Legislation related to education is yet another vital aspect of the EEC.

Some examples of chapter activities related to legislation are reading and discussing articles about legislation, picking an educational bill to study and track, and inviting a legislator to speak at a meeting. You could also write letters to the editor of a local newspaper or specific legislators in support of the legislation, as well as to thank a legislator for support of a bill.

Don't forget that the Arts are an integral part of the Educational Excellence Committee. Use a meeting to share hobbies, including arts and crafts. You could learn a handicraft together, visit an art gallery, or attend a performance. Other ideas are to have member musicians or vocalists perform, or you could have a paint and sip session. Consider submitting a piece of your art or craft to the DKG Art Gallery on the International website.

Last, but not least, various programs and projects are included in the parameters of the EEC. On the International website, click on "Programs/Projects" in the menu bar. Then scroll down to "Program Ideas for Chapters." There you will find a 30-page document entitled "Collection of Program Project and Activity Ideas for EEC." You will find a wealth of chapter-tested ideas that are targeted to our Society's 7 purposes.

I hope that you and your chapter have a productive and satisfying year filled with activities inspired by the various aspects of the Educational Excellence Committee.

## Maine's Delegation at the New Orleans International Convention 2022





Rachelle Tome  
2 nd Vice President  
Maine State Organization

State DKG Membership Update

*“The secret of change is to focus all of your energy not on fighting the old, but on building the new.” Socrates*

I shared the following thoughts with Gamma members and recognized they also applied to our membership efforts. There is no doubt that COVID created a major disruption in the education world and our organization. Truth be told, we were facing challenges with recruiting new members even before COVID hit. That said, we can use these disruptions to reflect and begin “building the new”. Teachers, whether experienced or recently graduated, are going to need support as they return to school this fall. Let’s do what we can to reacquaint schools and educators with the great work of DKG and how we can support their efforts. If you know of an educator, either new to the profession or new to the area, please reach out directly or send their information to the 2nd vice president or membership chair of a nearby chapter. I also hope you join us in October at the Fall Workshop. I am excited about learning ways to market DKG and how this may help boost our recruiting efforts. I am also hoping to work with membership committee members to explore the ways we can determine what teachers need now for support and ways to “build the new!” I send a special hello to our newest members. Your membership in our organization is vital to creating the DKG of the future and sustaining the great work of this group. If you have any questions or ideas to share, I hope you’ll contact members of your chapter. You can also contact me directly at [rachellemtome@gmail.com](mailto:rachellemtome@gmail.com) or at 207-841-7937.

## Keynote Speaker

*Bonnie Moore*

2022 Fall Workshop October 14-15, U-Maine  
Hutchinson Center. Belfast

Bonnie Moore is passionate about leading and learning, with over forty years of experience in leadership development, executive coaching, instructional design, and team dynamics in a diverse set of industries including corporate, non-profit, and education. Her clients in the United States and around the world appreciate the innovation and excitement she brings, as well as her professional and personal growth. She transitioned from education where she taught multiple subjects to becoming an assistant principal, principal and working at the district level to owning her own company.



**Bonnie Moore**

Holding three master's degrees, Bonnie has been awarded the Distinguished Alumni Award from Michigan State University and Volunteer of the Year from the International and Houston Councils of the Blind, and other awards. She is a certified executive coach and has certifications in 16 assessment tools and organizational systems. Bonnie has served in many leadership capacities including president for ATD Houston, Association for Curriculum and Instruction, and was a National Advisor for Chapters for the Association of Talent Development.

She also served as a leader for the Harvard Business School Neurobusiness Coaching Cadre and a member of the Neuroleadership Institute Advisory Council. Memberships include ATD, ICF, Houston Coaches, Houston Organizational Development Network, and several other organizations that support talent development.

She also serves on several non-profit boards in officer positions in the Houston area making a positive impact on individuals, families, and the community.

Bonnie has been a member of two different DKG chapters, Mu Beta and Eta Delta. She has been president of both and served in every officer capacity at the chapter level. She attended the 2013 TSO Leadership Seminar and the DKG International Golden Gift Leadership Management Seminar in 2018. She has served as TSO Parliamentarian from 2017-2019, as TSO 2<sup>nd</sup> Vice President for the 2019-2021 biennium, and is now serving as TSO 1<sup>st</sup> Vice President. She was the DKG International Communications Chair for the New Orleans Convention and will now serve DKG Society International as chair of the Non-Dues Revenue Committee. Bonnie loves to share with her DKG sisters and presents programs at the chapter, area, regional and international levels. When not working and volunteering, she and her husband Greg like to travel, watch college sports, and enjoy the fine arts. They have 3++ wonderful children and are expecting their first grandchild in August.

## World Fellowship Report



### *Spring Convention Raffle Celebration!!!*

We did share our excitement to SEE our DKG Sisters Face to Face!

It was such a special time TOGETHER!

Laughing, hugging, talking, renewing our friendships, like a family reunion!

Then the baskets arrived!!!

Fifteen amazing creative basket collections with themes such as Maine Basket, Coastal Theme, Made in Maine, Beautiful Geraniums, Crafting Basket, Outdoor Shopping - L.L.Bean, Quilt,

Plant, Home Depot Gift Card, Taste of Aroostook, Happy Money Bouquet, Huge Flower Arrangement, A Blooming Box, All About Books, Huge Chocolate Basket, and Mom's Cheesecake!!



Wouldn't you be excited about winning one of these? Yes, you could be the winner, too! I thank each Chapter for all their work in collecting and bringing such outstanding gifts! Pictures of World Fellowship recipients were displayed around the room.



I was especially thankful when Beta's Francesca Perazzi won the *Taste of Aroostook!* Francesca is 101 years young and has spent time in the Waterville area. She was so surprised that she won. She is still opening so many different items! She also loves the unique basket!!!

A good reason to come to our Spring Convention and share our special Raffle for World Fellowship! Can't wait to see

what we will get in the Baskets at the Spring Convention!!

I wish to thank every one of my DKG Sisters for bringing such unique basket surprises. And for buying so many raffle tickets. You may be small in number but you do so much for the World Fellowship Fund.

1. World Fellowship Raffle. ( SO FAR OUR TOTAL IS OVER \$1,270+ )
2. Some Chapters work to raise extra funds!
3. Individual gifts and bequests!!

We are fulfilling our mission of supporting and advocating for women to achieve their potential by impacting women, their lives, and their countries.

DKG International Awards are given in 2021-2022

\*19 \$4,000 awards

\* 4 \$2,000 extensions

\* 2 \$1,000 extensions

Total \$83,500 to 25 women in 23 countries

Overall, 1,029 women in 122 countries have received awards totaling \$3,739,250 since 1960.

\*\*\*Update: \$4,158,974 through June 30, 2021.

D.K.G. publishes annually a list of World Fellowship recipients, their Country, Region, Field of Study, and the University they will attend.

Here is the link to information about the World Fellowship fund. The fund does not have a direct website. Go to DKGIEF to learn more about the fund.

[https://www.dkg.org/DKGMember/DKGIEF/Funds/World\\_Fellowship\\_Fund.aspx](https://www.dkg.org/DKGMember/DKGIEF/Funds/World_Fellowship_Fund.aspx)

Members will need to sign in on the website to access the DKGIEF page.

(Members who have never signed in will need to use the temporary password, dkg2014society.)

There are available 6 videos of recipients and what they wish to do in their field of study. They also give thanks for the award they are receiving that lets them answer their dreams. One wants to set up Special Ed programs in her country where they are not available for the children. Another is working with cells to help fight against breast cancer.

We are truly helping the world by helping these women reach their potential. The recipients are thankful for the D.K.G. Sisters who send notes, cards, and letters of caring, encouraging, thoughtful words of support and friendship.

Thank you DKG Sisters, for living up to the vision of being "Leading Women Educators."

You truly are:

IMPACTING women, their lives, their countries, and education Worldwide

Thank you all for all you do and all you are!

Your World Fellowship Chair,  
Linda Hussey



**Linda Hussey**  
**World Fellowship Chair**

## Ad Hoc Committee Goals 2025 Finalized



Elaine Hendrickson reports a big Congratulations! On behalf of the Ad Hoc Goals 2025 Committee, I am pleased to announce that two strategic goals have been written, edited, and revised that are designed to move the Maine State Organization of DKG and our chapters forward for the next three years. Below are the two goals:

1. Increase the percentage of those currently employed to educate others in our statewide membership from approximately 30% to 45% by May 2025.
2. Develop a marketing plan for promoting the Maine State Organization of DKG International as a professional organization in the educational community.

The complete document will be distributed at Fall Workshop and posted on the Maine State Organization website. During Fall Workshop, opportunities will be available to investigate how to accomplish both goals. Jessica Masse co-owner of designlab located in Millinocket will share ideas with us about marketing and communication, as will our International Speaker, Bonnie Moore. I will be offering a workshop, "Implementing Goals 2025," in which we will look at resources, as well as brainstorm strategies. My goal is that you will take at least two ideas back to your chapter.



By Brenda Sturdivant, Zeta Chapter

## Scholarship Committee News

As the Chair of the Maine State Organization of DKG Scholarship Committee, I thought I would remind the members of the scholarships available to them through our state organization. The First-Timers to International is awarded to a member who is interested in attending International for the first time. This \$500 scholarship this year was awarded to Monica Demers, who attended International in New Orleans.

Another scholarship that is available in the Maine State Organization of DKG is the Alpha Psi State Scholarship. During even-numbered years a scholarship is awarded to an active member who is pursuing graduate study at an accredited institution, either full or part-time. The amount for this scholarship varies each year.

Our remaining scholarship is the Founders' Fund Scholarship. This is to help pay for a particular project for a member that could include an educational trip or study, a society seminar, a Chapter project, or any other appropriate activity. This application will be due by March 1, 2023.



Brenda Sturdivant

I will send a reminder concerning this scholarship in the fall of 2022. The forms for all these scholarships and a more in-depth description of the requirements can be found on our website along with my address. International also has many scholarships available. You can also read about them on our site.

## Meet the 2022 APAA Recipient Maureen Downs



**C**ongratulations to Maureen Downs! She was honored with the 2022 Alpha Psi Achievement Award at Spring Convention. A member of DKG for 30 years, Maureen served as our state treasurer for 6 years and was in the same role for her chapter for 27 years. She assisted our new treasurer in the transition, has served on the Finance Committee and has been a registrar for state and regional conventions.

During her professional career, Maureen worked as a speech therapist for 45 years and 37 of them in public schools and 8 of them with Child Development Services. She has mentored many therapists and teachers over the years. Today she regularly volunteers to read in preschool classrooms.

According to our Bylaws, "Prime consideration in the selection shall be the nominee's continuous distinguished service to the Society at the State level... Further consideration will be given to distinguished contributions to education outside the Delta Kappa Gamma Society, ONLY where such activities promote the purposes of Delta Kappa Gamma." The Maine State Organization of DKG International is proud to add Maureen to our cadre of well-deserved APAA honorees.

## Past Recipients of the Alpha Psi Achievement Award



Special Honor to our 40 and 50 year members

Our **50-year members:**

Francesca Perazzi-Beta,  
and  
Claranne Lilly-Kappa

Here are three of our **40-year member** honorees.



L to R: Roanne Seeley-Nu, Susan Cornelius-Mu, and Barbara Cloutier-Alpha  
Missing from photo is:  
Jeannette Sproul-Kappa



Looking for Nominations  
for State Officers

**A**s chairman of the Nomination Committee, I'm searching for members who are willing to step forward and be a state officers. For the 2023-2025 biennium we need a 2nd Vice President, Recording Secretary, and Corresponding Secretary. We also need two members for the Nominations Committee.

There are a total of five members on the committee who serve a 4-year term with 2 or 3 members rotating off every biennium. The committee consists of Beth Chamberlin and Sharon Romanow 2019-2023, Thaila Webb, Mary Hammond, and Susan Stinchfield-Plaisted 2021-2025.

If you would like to serve as a State Officer you may contact me at [mimiken7@gmail.com](mailto:mimiken7@gmail.com). There is a remarkable amount of support and mentors at the state level as well as from International. International pays for the President, 1st Vice President, and 2nd Vice President to attend training at the start of each biennium. I'm sure if you ask any of the past state officers, they will agree it was helpful in understanding and performing their respective office. I have found it very rewarding to serve Maine State Organization.

Please consider submitting your name for a State Office. Maine State needs you!

Donna Kennison  
Maine State Organization  
Immediate Past President  
Nominations Committee Chair



# S-T-R-E-T-C-H YOUR TEACHING WORKSHOP

March 18, 2023

Hutchinson Center, Belfast, ME



Plans are underway for our 6th annual STRETCH Workshop that provides professional development sessions. Participants receive 5.5 contact hours. This is open to both members and non-members, men and women.

I have invited Justin Stygles, a teacher in Portland who has written a book, *I Hate to Read*, to present. Abby Plummer, the 2021 *Maine Agriculture in the Classroom Teacher* of the year has also agreed to present. Priscilla McFarland is contacting the 2022 Teacher of the Year who is a language arts teacher in Hampden. I'm still looking for STEM or STEAM teachers to present. Last year Sarah Timm and Beth Clark said they were willing to come back with some of their outdoor lesson plans.

It's not too early to put this on your calendar and make the sixth annual S-T-R-E-T-C-H YOUR TEACHING WORKSHOP another success.

You may contact me at [mimiken7@gmail.com](mailto:mimiken7@gmail.com) or 207-743-3061.

Donna Kennison

Maine State Organization

Immediate Past President

Committee Chair

# Ready for Fall Workshop?

**“Ready for Fall Workshop?” Maine S. O. DKG  
October 14-15, 2022 – Hutchinson Center – Belfast**

**Focus:** This year, most of our Fall Workshop sessions are designed to move DKG forward by focusing on society business. It is, after all, a workshop. Please embrace this slight change and take advantage of our speakers’ expertise. For more background on this aspect of Fall Workshop, please read the message from your president.

**Guests:** Fall Workshop is an opportunity for all. Registered guests are welcome.

**Hotel:** Fireside Inn will set aside a block of rooms until Sept. 14, 2022. After that, the block drops, but you may still be able to reserve a room at the corporate rate. The starting rate for a room with two queens/first floor/pool level is \$169.00. This corporate rate represents a 20% discount and can, however, be applied to whatever room type you want- suites and fireplaces are available. Breakfast is included and is served from 7:00 AM to 10:00 AM. Call (207) 338 – 2090 and be sure to mention Maine State DKG. Of course, there are other hotels in the area.

**The Belfast Rail Trail and the Belfast Harbor Walk:** Weather permitting, here is an opportunity to get in your steps and enjoy camaraderie with your DKG sisters. On Friday at 4:00 PM, we will meet at the Armistice Footbridge, which is located at the end of Pierce St. Get off Route #1 at the exit closest to the bridge (not the one for Reny’s and the Hutchinson Center). That puts you on High St.; Pierce is a left off High St. opposite Waterfall Arts. Once there, there are options to do the Rail Trail (2.3 m. one way) OR the Harbor Walk (0.8 m. one way). Feel free to do your Internet research ahead of time OR take local DKG sisters’ advice once you get there.

**Meals:** To receive meals, you must register by Sept. 28, 2022. As you well know by your own experiences, the hospitality industry does not have the flexibility it once had.

**Attention, Chapter Presidents:** You will notice that there is not a Saturday morning session just for you. Here’s why: 1) Bonnie Moore and President Mary will present “Exploring the Future” at our Executive Board meeting, which includes you. Please plan to attend. 2) President Mary is requesting that you attend at least one of Bonnie’s sessions on Saturday morning. 3) This also allows you more flexibility in attending at least one of Jessica Masse’s sessions on Saturday morning. If you cannot attend on Friday night or Saturday, please contact President Mary.

**Payment:** If you send your form electronically, please be prepared to pay the balance when you arrive. In the future, Maine S. O. is hoping for electronic registration/payment.

**Session registration:** Please check the workshops you would like to attend in Sessions I, II, and III. Sessions will be filled on a first-come, first, serve basis. Once they are filled, you will be contacted to choose a different one. Presenters have invested considerable time and effort into planning for your participation. Please enthusiastically sign up and please kindly show up.

**General Session:** If you submitted any proposed amendments for our Standing Rules that “fell to the floor” when time expired at our Spring Convention, we can take them up at our General Session. But they must be re-submitted. Send those and/or any new proposals to Kathy Wilcox as soon as possible. Please note that By-laws changes will be addressed in the spring.

**Virtual intent:** A hybrid model of Fall Workshop is planned. The intent is to hold only our Executive Board Meeting and our General Session via Zoom. This allows for voices in voting.



## Maine S. O. Fall Workshop 2022 Session Descriptions October 14-15, 2022 – Hutchinson Center – Belfast

Key: (S) Society Business, (PD) Professional Development, (PG) Personal Growth

**“Diversity in Communication” Bonnie Moore** (S) (PG) (presenting this session twice)  
Diversity of communication and thought is integral to leadership and success. Each person communicates and thinks uniquely. Attendees will experience activities that share strategies for effective communication across generations while providing a true understanding of who you are and why you communicate as you do. (Bonnie’s bio appears elsewhere in this Mainspring.)

**“Listen, Learn, Lead!” Bonnie Moore** (S) (PG) Meeting, engaging, inducting, and retaining “Key Women Educators” builds our society and allows each member to listen, learn, lead and succeed through collaboration. This session will explore coaching conversations that can further your own personal and professional goals and empower others around you. (Bonnie’s Bio appears elsewhere in this Mainspring).

**“Advocating For Change” Jessica Masse** (S) Educators are in a unique position to advocate on behalf of their students, their community, and their profession. If you are passionate about creating change and influencing public opinion in support of policies, budgets, or any other issue, this session will provide tools that can help you engage decision-makers and community members. Learn how to reach a broad audience through op-eds, letters to the editor, press releases, and interviews. This session will give you practical tips on public relations, advocacy, and promotion. (Jessica’s bio follows the session descriptions).

**“Recruiting and Maintaining Members-Creating Strength in our Organization” Rachelle Tome** (S) Recruiting new members and providing engaging activities for current members is critical to building a healthy organization. After the challenges created by COVID, it’s time to reconnect and introduce our group to our communities and local educators. Please join us to learn about available tools. We’ll share strategies for recruiting members and creating a commitment to DKG. We’ll also work together to develop communications designed to reintroduce the great work of our organization. Let’s work together to build a strong DKG. Throughout her career, Rachelle has served in many capacities including a principalship and school board member. Currently, she works as a Teaching Intern Supervisor at USM. Ask her about taking her whole family to Disney this past spring.

**A session for First Vice Presidents and Educational Excellence Committee – Priscilla McFarland** (S) This session is for chapters’ first vice presidents, who, according to our State Bylaws are members of the Educational Excellence Committee (EEC.) If your chapter does not have a first vice president, then a representative of your chapter should be appointed to serve on the committee and attend this session. We will review all of the aspects of EEC, identify and explore resources to help your chapter engage in activities related to EEC, and plan some programs together. Priscilla is our First Vice-President, a retired elementary teacher, and an avid history buff. She also makes a habit of hiking on the weekends.

**“Implementing Goals 2025” Elaine Hendrickson (S)** What strategies can you and your chapter use to reach the two goals presented in the recently completed Goals 2025 document? Let’s explore ways to answer this question by putting our heads together using ideas that Bonnie Moore and Jessica Masse have given us and those available on the Maine State and DKG International websites. Walk away with at least one idea that can be developed into an effective strategy. Elaine is a Past State President, a retired classroom teacher, and an avid outdoor adventurer. She remains involved in education through her service at the Katahdin Woods and Waters Monument and the Francis Malcomb Science Center.

**“Clara Soule Fund” Dawn MacPherson-Allen (S)** – The committee will have the new forms and materials. There will be discussion and sharing of what individual chapters are doing for their Clara Soule outreach. We would like a contact person from each chapter. Dawn is a Past State President, retired ELA and G/T teacher, and part of 3 generations of DKG members. Upon retirement, she bought the oldest, continual hostel on the Appalachian Trail.

**“All Occasion Card Making” Donna Kennison (PG)** - Spend a session making 2-3 all occasion cards. You will have 2 designs to choose from with options to customize them as you want. Donna is our Maine S.O. Immediate Past President, a retired elementary grade teacher, and grandmother/great-grandmother to many. Feel free to ask her about her latest sewing projects.

**“Natural Home Cleansers and Remedies: Would you like to have some healthy, safe cleansers for your home?” Melanie Ruark (PG)** Come join me as we learn how to use everyday items and essential oils to create a safe and toxin-free home. We will make a few of these possible options: an after-shower spray, liquid hand soap, antiseptic spray, hand sanitizer, shower/tub scrub, a muscle rub, and some fabulous facial serums for hydration and anti-aging. These use a few essential oils and easily accessible items, like witch hazel, alcohol, peroxide, castile soap, and aloe vera gel. A make-it and take-it workshop with recipes included! (This is available for all ages!) Melanie as a teacher, outdoor educator, and Naturalist makes her own natural products that are less expensive and safer to use. She also is a Past State President.

### **Jessica Masse**

Jessica Masse is the Managing Partner at Designlab, a design and branding firm in downtown Millinocket. Before joining Designlab, she was an Information Analyst at the Jackson Laboratory managed a research lab in the Department of Microbiology and Molecular Genetics at Harvard Medical School and was an adjunct Instructor of Chemistry at Massachusetts College of Pharmacy. She attended Bowdoin College and the University of Maine. Jessica is originally from Caribou, Maine. Professionally, Jess maintains the 25/75 “good neighbor” rule, devoting 25% of her time to pro-bono work, supporting community causes that prioritize rural economic development and have a long-term impact on the Katahdin region. Jess is a founding member of Katahdin Revitalization, Vice President of the Millinocket Memorial Library BOD, a member of Our Katahdin BOD, and a member of the Katahdin Broadband Initiative. Jess is currently serving on the Maine Arts Commission, served on the Governor-appointed Economic Recovery Committee, and was a member of the Maine EDA Project Advisory Committee in conjunction with Northeastern University’s Global Resilience Institute.

## Maine S. O. DKG 2022 Fall Workshop Schedule October 14-15, 2022 – Hutchinson Center – Belfast

### Friday, October 14, 2022

4:00 – 5:00 P.M. Enjoyment of the Belfast Harbor Walk or Belfast Rail Trail

4:00 - 7:00 P.M. Registration & Hospitality                      Atrium

6:00 – 9:00 P.M. Executive Board Dinner/Meeting              Room 138 A, B

### Saturday, October 15, 2022

7:00 - 10:00 A.M. Registration                                      Atrium

7:00 - 11:00 A.M. Hospitality                                        Atrium

Please use the bottom of the registration form to indicate your choices of workshop sessions. Sessions will be filled on a first-come basis. Once they are filled, you will be contacted to choose a different one. Presenters have invested considerable time and effort into planning for your participation. Please enthusiastically sign up and please kindly show up.

#### 8:30 – 9:20 A.M. Session I

\_\_\_\_\_ A. Diversity in Communication, B. Moore

\_\_\_\_\_ B. Advocating for Change, J. Masse

\_\_\_\_\_ C. Session for First Vice Presidents & Educational Excellence Committee, P. McFarland

\_\_\_\_\_ D. Recruiting & Maintaining Members – Creating Strength in Our Organization, R. Tome

#### 9:35 - 10:25 A.M. Session II

\_\_\_\_\_ A. Diversity in Communication, B. Moore (repeat of Session 1)

\_\_\_\_\_ B. Advocating for Change (repeat of Session 1)

\_\_\_\_\_ C. Natural Home Cleansers & Remedies, M. Ruark

\_\_\_\_\_ D. Clara Soule Workshop, D. MacPherson-Allen & committee

#### 10:35 - 11:20 A.M. - Session III

\_\_\_\_\_ A. Listen, Learn, Lead!, Bonnie Moore

\_\_\_\_\_ B. Advocating for Change, J. Masse (repeat of Sessions 1,2)

\_\_\_\_\_ C. All Occasion Card-Making, D. Kennison

\_\_\_\_\_ D. Implementing Goals 2025, E. Hendrickson

#### 11:30 A.M. - 1:00 P.M. Luncheon

Room 138 A,B

Keynote speaker – Bonnie Moore – “Who + Why x Three”

#### 1:15 – 3:00 P.M. General Session

Room 138 A, B

Agenda TBA

Please send registrations to :

**Nancy Ruark**

**121 Little Boyd Lake Rd.**

**Orneville Twp, ME 04463.**

**2022 Fall Workshop Registration Form**  
**October 14-15, 2022 U-Maine Hutchinson Center, Belfast**  
**“Renew, Respond, Relate – and Resolve!”**

For needed workshop details, please refer to the article titled “Ready for Fall Workshop?”

Name: \_\_\_\_\_ Chapter: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 E-mail: \_\_\_\_\_ (crucial for potential virtual components)

Please check all that apply:

\_\_\_\_\_ Maine State Officer \_\_\_\_\_ Chapter Officer  
 \_\_\_\_\_ Maine State Committee Chair Which chapter office do you hold? \_\_\_\_\_  
 \_\_\_\_\_ First Timer to Fall Workshop (lunch is free) \_\_\_\_\_ Presenter (lunch/registration is free)  
 \_\_\_\_\_ Guest (will need to pay lunch/registration) In-person Registration Fee **\$25.00** \_\_\_\_\_  
 Virtual Registration Fee **\$10.00** \_\_\_\_\_  
 \_\_\_\_\_ Please check here if you **plan** to walk on the Belfast trails Friday, Oct. 14 at 4:00 P.M.

**Executive Board Dinner - Friday, Oct. 14, 2022**, Please choose your entrée.

\_\_\_\_\_ Haddock  
 \_\_\_\_\_ Chicken Marsala  
 \_\_\_\_\_ Stuffed Pepper (wild grains, black beans, veggies w/marinara) vegetarian & gluten-free  
 All entrees include Caesar salad, garlic red skin mashed potato, honey glazed baby carrots,  
 Lemon Dream dessert & tea/lemonade. **\$26.00** \_\_\_\_\_

**Luncheon – Saturday, Oct. 15, 2022** The lunch buffet will include  
 assorted wraps, soup, chips, assorted cookies & tea/lemonade. **\$18.00** \_\_\_\_\_

**TOTAL registration \$**\_\_\_\_\_

Tax and gratuity for all meals are being paid through the Roberta Rogers Fund. If you have any food allergies, please contact Mary Hyland by **Sept. 28, 2022**. [mishyland@gmail.com](mailto:mishyland@gmail.com)

**Registration Deadline: Sept. 28, 2022** Please make check payable to Maine S.O. DKG and mail/email registration form to Nancy Ruark, 121 Little Boyd Lake Rd., Orneville Twp., ME 04463 [nancyruark12@gmail.com](mailto:nancyruark12@gmail.com) (207) 629-8822

Sessions will be filled on a first-come basis. Once they are filled, you will be contacted to choose a different one. Presenters have invested considerable time and effort into planning for your participation. Please enthusiastically sign up and please kindly show up. Please use this key to indicate your session preferences. This will allow you to 1) submit just one page to the registrar, and 2) keep the other pages for reference. Just enter the letter that corresponds to the session you wish to attend. Thank you so much.

Session I. \_\_\_\_\_ Session II. \_\_\_\_\_ Session III. \_\_\_\_\_