



INTERNATIONAL SOCIETY FOR KEY WOMEN EDUCATORS
DELTA KAPPA GAMMA™

Mainspring Spring 2023



President's Message
Mary Hyland
DKG Maine State Organization

DKG - A Journey of Growth for Life

Back in 2015, DKG International designed and distributed a pamphlet titled, "***A Journey for Life.***" It describes the key woman educator, asks about one's professional landscape, reviews the three levels of society, lists benefits of membership, and more. DKG certainly has been a journey for me in my life, and thus, in this article, I will share some of my own personal steps. As you have read before in my Mainspring articles, leadership is self-development and growing is not always about numbers.

Within a year of becoming a member, I gave birth to our second child in 1997 and was in middle of an the extended leave of absence; DKG gave me a night out with professional women educators. I loved it! I needed it! In the fall of 2005 then Epsilon President Ruth Holmes needed her First Vice President to lead a chapter meeting – and that was me. I was a nervous wreck and dwelled on it for weeks prior. But I did it! In 2011, Maine S. O. President Georgene Coombs asked me to do a scholarship session at Fall Workshop that would include demonstrating how to maneuver Maine's website for scholarship information. Me? Technology? To others? I survived! These examples are just three strides along my early DKG path of gaining more confidence in my ability to grow and lead. Leadership development is self-development, and that is a lifelong journey.

Late in 2014, Georgene invited me to breakfast at Bell the Cat in Belfast. There were some vacancies to be filled at the state level, and in her role as Nominations Committee Chair, Georgene wanted to nominate me for Recording Secretary. I knew this possibly meant future officer positions for Maine State Organization. At the time, I thought I knew what I was in for, but I truly did not have a clue. Not a clue. However, I said yes and thus took a leap. So, at the same time that DKG brochure mentioned above was published, I was starting another leg of my own journey for life.

While serving as Recording Secretary from 2015-2017, I fumbled around the keyboard and finally got comfortable with cut and paste. Then in 2017, the Second Vice President role arrived with the 40-year member slide shows and the Necrology booklets, not to mention the pressure of membership growth. Data and numbers reflect DKG's journey of surviving and thriving. But for me at this point in my DKG officer life, growing was not just about the numbers. I was gaining so much life experience! That experience included the privilege of representing Maine at DKG's 2018 Golden Gift Leadership Management Seminar in Austin; I am still unpacking from that part of my journey! As First Vice President in 2019, I stared ahead at the broad path of the Educational Excellence Committee and responsibility of the Alpha Psi Achievement Award voting and medallion. Jane Tanner, who was our Northeast Regional Director at the time, asked me to preside over the Second General Session at the International Conference in Marshantucket, Connecticut. I gulped and said yes to that new and daunting experience. What an honor it was! However, in the fall of 2019, I stumbled a bit when personal convictions were challenged. At that fork in the road, six years loomed ahead of me, and all I saw was a steep mountain. There is nothing in the by-laws that states an officer shall continue "up the ranks," and I was not sure I had it in me. Then, we all know what happened in 2020. I did not see myself as someone who could lead Maine virtually, and even if I could, I was not sure that I wanted to; personal contact means too much to me. So, as we all did during the depths of Covid, I took what life handed me and kept on trudging. As stated earlier in this paragraph, growing is not always about the numbers. In the trenches of Covid, I knew I must keep growing by journeying upward and onward as a state officer.

Fast forward to the virtual 2021 Spring Convention and my living room installation as State President. Now that format adaptation was a first for Maine S.O.! In her remarks, Past State President Rena Kearney told me that I had the road map and it was time for me to find the treasure. Was there a treasure at the end of this long journey? Maybe. Or is the treasure along the journey? Some days it is – other days, not so much. Clearly, I am still on the journey and, truth be told, it is quite a hike. I know not what lies ahead; life in DKG is full of surprises around every bend.

During that same virtual convention's Celebration of Life, Epsilon member Ilona Dubois remembered her mother, our late Past State President Sandra Berry. Ilona shared that Sandra's mantra was "Love, Learn, Lead." This is where the 2023 Spring Convention theme originated – to honor Sandra and her leadership at an in-person event. Leadership development is self-development as we love, learn, and lead. This may be a simple concept, but it is not always easy. We have to look within and dig deep, as I did when I was at that crossroads in 2019-2020. As we look within, Sandra would also tell us to look up. That helps, too.

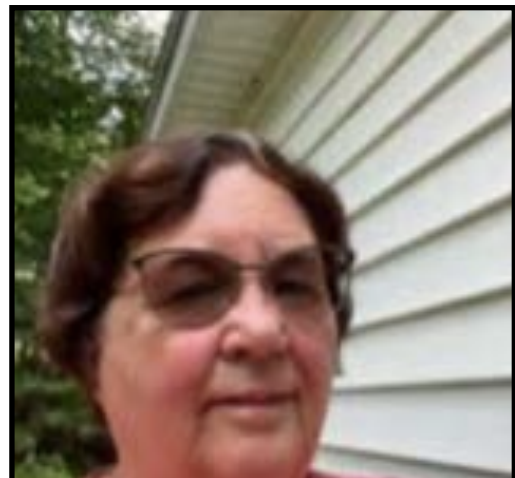
Along this DKG journey for life, I am discovering so much more about myself, both personally and professionally. As described above, DKG provides valuable training, travel experiences, challenges, and self-fulfillment. Above all, it is my distinct privilege and joy to work with such incredible women from around the globe. What is next for me? What is next for DKG? What is next for you? I encourage all of you to embark on your own journey. Obviously, yours will be unique to you and your own needs and desires. But just start by saying yes in some small (Or big!) way.

News from First Vice President

Priscilla McFarland

How is your chapter coming along with its **Schools for Africa** funds collection? We hope that our "Change for Change" initiative can be as successful as it was in 2022, our first year. Can we meet or exceed last year's total of \$802.56? Will we increase the number of participating chapters from the 8 in 2022? It's not too late to start! Chapter members can collect their own loose change (and maybe that of family members) each week and bring it to a chapter meeting before the end of April. The treasurer or designee can bring the proceeds to Spring Convention. Chapters who participate will be recognized with a certificate.

DKG partners with UNICEF in the Schools for Africa project to help children in some of the poorest countries in the world, including Rwanda, Ethiopia, Burkina Faso, and Madagascar.



Over 30 million young people have been helped with access to education and medical care since the inception of Schools for Africa.

“The money collected has been used to build a number of new schools and renew existing ones, ensure access to clean drinking water and sanitary facilities for children, build school playgrounds, and equip classrooms with necessary educational materials, school desks and chairs. Early education centres for the youngest children have also been opened, and children who have left school or were forced to work have been given the chance to attend alternative education centres.”(From-<https://borgenproject.org/schools-for-africa-initiative>;July 29, 2021.)

Perhaps your chapter provided a gesture of support and encouragement to **Early Career Educators** at the beginning of the school year. Now would be a good time to check in with these teachers. Offer a listening ear or your time to help in the classroom or at home preparing materials. Send a small gift and card. Keep our teaching novices in mind throughout the year. And remember, teachers who are in their first five years of their careers are considered to be early career educators.

Who will be the 2023 recipient of the **Alpha Psi Achievement Award**? The identity of this deserving woman will be revealed at the birthday luncheon on Saturday, April 29 during Spring Convention at the Black Bear Inn in Orono. Please plan on joining us for this special event.



Rachelle Tome
2 nd Vice President
Maine State Organization

State DKG Membership Update

“The secret of change is to focus all of your energy not on fighting the old, but on building the new.” Socrates

I shared this quote last fall and it's still relevant today. During the last year, our state organization and individual chapters have definitely been exploring ways to build on the new. Some members are looking at new ways to market DKG and increase awareness of this exceptional group. Chapters are exploring ways to invite new members while also supporting current members. What is your chapter doing with regard to membership? How are you building on "the new"? Do you have a successful strategy to share? Please send your stories along to me at rachellemtome@gmail.com. I'd love to communicate your creative and successful ideas for supporting and increasing members at our Convention in April.

Some additional thoughts for "building the new":

a) International has been inviting feedback from new members with Zoom meetings every 3 months. Comments are captured and shared with Membership Chairs. This may be something to think about for our new members at the state and chapter levels.

b) Districts continue hiring new teachers as vacancies increase. These new educators might benefit from additional support from local DKG chapters. Perhaps a network sponsored by DKG could connect new teachers regionally or statewide. Could this help build the next generation of DKG members?

Let's continue exploring and building. Your feedback helps create the DKG of the future. If you have any suggestions or ideas to share, I hope you'll contact members of your chapter. You can also contact me directly at rachellemtome@gmail.com or 207-841-7937.



Maine State Organization is once again planning a Cross Border Event with our neighbors in New Brunswick at the Wreaths Across America headquarters in Columbia Falls and Worcester Wreath Factory in Harrington. This is in Lambda Chapter's neck of the woods so they will help host us. We are planning for Saturday, September 23 – Sunday, September 24, 2023. Overnight accommodations will be at the Liberty Cabins in Columbia Falls-with the details of meals, speakers, and activities still in the works. Your voice is important so please offer input to any state officer or Lambda Chapter member. We are looking forward to making this a rich and rewarding experience for all.



About Spring Convention

by Mary Hyland

First of all, don't miss it!

Second, this year's Spring Convention theme will be "Love, Learn, Lead." These are words of wisdom from the late Past State President Sandra Berry. I chose this theme to honor her impact on our state and her impact on me personally. Spring Convention will be held on April 28-30 at the Black Bear Inn in Orono, and plans are definitely underway. Please refer to the schedule and registration form found elsewhere in this Mainspring.

Third, we are so fortunate that International President Debbie Leblanc approved for Maine to host both a Society Representative and an International Speaker. That does not always happen, so I consider us to be most fortunate. Cyndy Moore, Member-at-Large on the International Administrative Board, and Shar McGowan, chosen as an International Speaker supported by a special DKG fund, will be our guests. They are from British Columbia and Saskatchewan respectively, so plan to extend a warm welcome to our neighbors from Canada. I feel a close bond with both of these extraordinary women, and know that Maine S.O. is in for a real treat.

Fourth, didn't I say that the registration form is in this Mainspring? Find it and fill it out, now. See you there!

**Key Note Speaker
Cynthia Moore
Spring Convention 2023**



Cynthia Moore was born in Saskatchewan, a resource-rich prairie province in western Canada, which is known for agriculture, mining, energy, and its Canadian Football League team, the Saskatchewan Roughriders. She has been married for 40 years and has two daughters, two sons and four grandchildren.

Cynthia graduated from the University of Regina, with a Bachelor of Education – Arts Education (Visual Art, English Literature). In 2004, she received a Master of Education in Educational Administration – Transformational Leadership, and the Graduate Student Award. In 1997, she received the Canadian Teachers' Federation Roy C. Hill Award for

Excellence in Education. Retired from Regina Public Schools, she has extensive experience in education for more than twenty-five years as an educator at all levels, primary, middle level, secondary and post-secondary.

Cynthia began teaching skiing lessons to children and adults at a ski resort in Saskatchewan and was also a member of the Canadian Ski Patrol. After this teaching experience, she enrolled in a newly-created Arts Education Program and after graduating, began teaching visual art, drama and social studies in high school and continued as an elementary 8th grade teacher and, occasionally, acting principal. Cynthia says her first five years teaching at the technical/vocational high school provided an opportunity “to engage with students who were previously challenged in the educational system and who flourished in the creative atmosphere of Arts Education.”

As a DKG member, Cynthia was inducted into Regina Chapter, Saskatchewan State Organization in 2004. She has served as chapter secretary, membership chair, program committee member, state organization treasurer, president, parliamentarian, and finance committee and conference planning committee chairs. She attended the DKG Leadership Management Seminar at University of Texas – Austin (McCombs School of Business) in 2012. And in 2017, Cynthia transferred her membership to Beta/Calgary chapter, Alberta State Organization, after moving to Kimberley, British Columbia.

Cynthia says, “Serving on International committees has been an opportunity to meet, work and share passions and ideas with DKG members throughout the Society.” She served on the International Membership Committee, the Educational Excellence Committee as both a member and as chair, and was a DKG International Speakers Fund Speaker (2018-2020). Currently she serves as International Member-at-Large 2020-2024, was on the International Speakers Fund Committee (chair), the Leadership Discovery Centre Ad-Hoc Committee (chair), and Strategic Plan Committee. She now serves on the Society Strategic Plan Committee (chair), DKG Alberta Constitution – Bylaws/Rules Committee (chair), DKG Alberta Leadership Development Committee and Beta/Calgary Chapter Membership Committee. Cynthia is a Yoga Alliance Certified (2012) yoga teacher and Relax and Renew © Restorative Yoga Trainer (2014). She currently teaches yoga classes virtually and at corporate events. She was a short-term instructor for the Rocky Mountain International Student Program in Kimberley, Cranbrook and Invermere, BC, and is currently an English tutor for middle level, secondary, and post-secondary international students. She volunteers with local organizations and enjoys skiing, hiking, kayaking, gardening, photography, and reading while living in a picturesque mountain town in the East Kootenays region of British Columbia, Canada.



Dr. Shar McGowan is in her thirty-eighth year of teaching and currently teaches university courses in three distinct teacher education programs. For thirty-two years, from 1985-2017, she served her city's public school division in Canada as a K-12 teacher, acting consultant, and high school counselor. Since then, she has been employed as a mental health therapist, crisis counselor, and depression care specialist with a national network which offers employee and family assistance counseling.

She has extensive experience in front-line mental health support work and is on the board of directors for a local non-profit organization which offers the community grief and loss support.

In addition to being an international speaker for DKG, she is her state organization's vice-president and chapter president. She is also on the DKG Editorial Board and has published a peer-reviewed article for the Delta Kappa Gamma Bulletin International Journal.

World Fellowship Report



The New Year has begun!!

Spring will soon be here!! 🙌
Our D.K.G. Sisters are working hard to create amazing World Fellowship Raffle Surprise

Baskets for our Spring Convention Raffle!! 🌍

We are all getting ready to share our friendships, joy and commitment to raise funds for the World Fellowship Scholarships!!!

Our D.K.G. Bulletin :Collegial Exchange (2022.Vol. 89-2) pg.62-63

Asks the Question:

"What on Earth is - "World Fellowship ???"


It starts with the formation of the World Fellowship Committee

** The professional, dedicated, and successful International World Fellowship Committee that has accomplished so much in its 76 years of existence!

Our D.K.G. Sisters do realize the impact these scholarships provide!!

These scholarships have helped D.K.G. reach it's goal of - supporting the advancement of teaching Worldwide— one learner at a time!!

World Fellowship scholarships totaling \$83,500 for the academic school year

2022- 2023 includes: 
19 awards of \$4,000 each
4 extension awards of \$2,000 each
2 extension awards of \$1,000 each
Total: 83,500. to 25 women in 23 countries

**Imagine how many of these recipients and their work have positively impacted people worldwide!!!

How can we help?
Yes, the funds that sustain these awards are:
Donations from:
*Our Chapters
* Fund raising events - this includes our World Fellowship Raffle
*Individual donations
*Bequests

WE DO MAKE a DIFFERENCE and should feel PROUD of WHO WE ARE and What WE DO TOGETHER !!!

You make me think of the poem

by Gordon B. Hinckley
Being HUMBLE means recognizing that we are not on earth to see how IMPORTANT we can become but to see how much DIFFERENCE we can make in the lives of others.

I thank each of you for ALL YOU DO and ALL YOU ARE!!!

World Fellowship Chair
Linda Hussey

As a reminder-D.K.G. publishes annually a list of World Fellowship recipients, their Country, Region, Field of Study, and the University they will attend.

Here is the link to information about the World Fellowship fund. The fund does not have a direct website. Go to DKGIEF to learn more about the fund.

https://www.dkg.org/DKGMember/DKGIEF/Funds/World_Fellowship_Fund.aspx

Members will need to sign in on the website to access the DKGIEF page.

(Members who have never signed in will need to use the temporary password, dkg2014society.)

On the International Level Building the Next DKG Slate of Nominees Begins With You

Joanne Gregory

WVSO President 2021 - 2023

International Nominating Committee 2022-2026

Your invitation to DKG membership highlighted your leadership. Are you ready to apply for an elected position at the international level, or can you encourage another member to do so?

Applications will be accepted by the International Nominating Committee (INC) in summer 2023. The time to plan and recruit is now! You, as a DKG member, may self-nominate or nominate another DKG member. Leadership in our organization is key to our future, so please give careful consideration to this important task.

All qualifications and recommendations for applicants for each position are listed in the International Standing Rules (ISR) 8.82.f. These are the only qualifications considered when the INC evaluates the applications.

Please ignore commonly assumed rumors.

Applicants need not have. . .

- * Earned a doctorate
- * Attended Leadership Management Seminar (Ignite)
- * Participated in a prescribed number of international conferences/conventions
- * Held a certain number of specific state positions
- * Been a member for a minimum number of years

The duties and responsibilities of the elected INC members are outlined in the Constitution

Article VIII Section B.8.b. INC members MAY NOT...

- * Recruit applicants
- * Assist applicants in any way with the application process
- * Discuss any application with anyone other than another INC member
- + Support or advocate for any nominee in any way

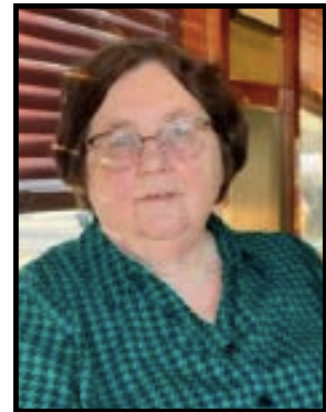
Act now! Evaluate your interests and skills with the qualifications listed in SR 8.82.f noted above.

Guidelines and applications will be posted on the DKG website in May 2023.

On the Maine State Organization Level Nominations for the 2023 - 2025

**They following members have been nominated to serve
Maine State Organization of DKG for the 2023 - 2025
biennium.**

Priscilla McFarland has been a member of Theta Chapter in the Ellsworth area since 2009, and she is currently serving as her chapter's president for the third time. She has previously held the positions of first and second vice presidents. At the state level, Priscilla has served as first vice president, second vice president, and corresponding secretary.



Priscilla McFarland

She has enjoyed the education, stimulation, and fellowship during her attendance at DKG International events over the years. These have included Regional Conventions in Portland, Maine and Baltimore, International Conferences in Des Moines, Iowa in 2019 and San Antonio, Texas in 2021, and the International Convention in New Orleans, Louisiana in 2022 . She gained much useful information at the officer training events in Des Moines in 2019 and in Atlanta in 2021. Priscilla has also enjoyed the enrichment of the many Fall Workshops, STRETCH Workshops, and Spring Conventions which she regularly attended throughout her years of membership. She had fun participating in the cross border event in New Brunswick in the fall of 2019.

In addition, it was exciting to be a presenter at three Fall workshops and at two Stretch Workshops.

Priscilla holds a B.S. in Childhood Education from Florida International University and an M.S. in Educational Leadership from the University of Maine. During her career, she served as a classroom teacher in grades 2-8, tutored, and worked in after-school programs. Over the years she has taken on a number of leadership roles at both the school and district levels, such as providing a number of staff development activities, participating on curriculum development and assessment committees, and facilitating her professional learning community. She was a presenter at an ATOMIM (Association of Teachers of Mathematics in Maine) workshop and co-led a series of math workshops in eastern Maine after training through MMSA (Maine Math and Science Alliance.) In addition, she was active in the local teachers' union, serving as both co-president and secretary over the years. She also was a delegate to the annual Representative Assembly of the MEA several times. She is a member of MEA-R and Hancock County Retired Teachers.

After 39 years of teaching elementary school, Priscilla is enjoying her life as a retiree. Nowadays she has more time to enjoy her favorite activities, which include hiking with friends, going out to lunch, swimming, trying out new recipes, researching her family's genealogy, reading, and listening to music. In addition, she stays busy with a weekly t'ai chi class, attending concerts and plays, and volunteering at a nonprofit thrift store.



Rachelle Tome

1st Vice President Rachelle Tome

Rachelle Tome originally joined Gamma Chapter in 1988. After an extended hiatus, she rejoined in 2015.

She has served as 1st Vice President for her chapter and is currently serving her second term as President. In addition to her contributions at the chapter level, Rachelle served as the Keynote for the 2014 State Convention and presented at the 2021 March Stretch workshop.

As State 2nd Vice President, she presented membership workshops, and also coordinated membership tributes and Necrology Service for the 2022 State Convention.

Rachelle graduated from Brunswick High School in 1972 and USM in 1976. She later received her M.Ed. from USM in 1991 and her C.A.S from UMO in 2001.

She taught at the Marcia Buker School in Richmond for 18 years before moving on to MSAD #11 as an administrator for 7 years. In 2003, she joined the Maine Department of Education and served in various roles including Chief Academic Officer and a short time as Acting Commissioner and Acting Deputy Commissioner until she retired 2017.

Throughout her career, Rachelle has been involved in numerous educational committees at the national, state and local level, focusing on standards and curriculum, educator support and evaluation, technology, student support and school improvement, and assessment. She is currently a supervisor for teaching interns at USM and is President of the Board for Count Me In.

Rachelle and her husband live in Bowdoinham. They have two children and five grandchildren. She loves to spend time with her family and exploring walking trails with friends. She loves to travel, sew and sing. Rachelle also enjoys volunteering and currently helps at the Bowdoinham Food Pantry and Library bookstore. She also serves as election warden for her community.



Teresa Brzustowicz

2nd Vice President **Teresa Brzustowicz**

Teresa was initiated into Omicron Chapter December 1, 1990. She has held the office of Corresponding Secretary, Vice President, President, Chapter treasurer since 2013 and is chairman of the Clara Soule committee for Omicron Chapter. At the state level Teresa, she has been an AdHoc Committee member, State Clara Soule committee member, and is currently Assistant Treasurer.

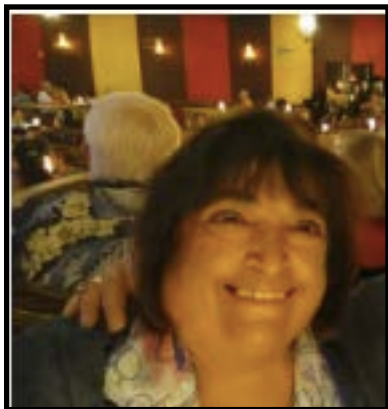
She has a BA in Romance Languages, Phi Beta Kappa, All Maine Women from the University of Maine at Orono in 1982.

Teresa received her Med in French Education from the University of Maine at Orono in 1994.

Teresa is former President - American Association of Teachers of French, Maine Chapter, and former President of Foreign Language Association of Maine. She was a finalist for Maine Teacher of the Year in 1990 and Foreign Language Association of Maine Teacher of the Year in 1993.

She has 41 years teaching high school, primarily French and Spanish, but also Women's Studies and Photography. She has been Certification Coordinator, AOS #94 since 2019. Teresa was Most Inspirational Teacher of Dexter Regional High School in 1989, 2015, 2020, 2022. Teresa has taught at Dexter Regional High School 1982-84, 85-96, 11-present. She has also taught at Foxcroft Academy from 1996-2011, Orono High School 1995-1996 and Kennebunk High School 1984-1985. Teresa said she grew up in a large family in Rochester, New York. She has four children (2 boys, 2 girls), and two granddaughters along with 2 dogs and 2 cats. My partner, David, and I enjoy travel and gardening; my pastimes are photography, snowshoeing, walking, and I'm learning to knit and crochet.

Recording Secretary **Maureen Downs**



Maureen Downs

Maureen worked as a speech and language pathologist for RSU 16 and child development services for over 40 years, retiring in 2019. While employed, she was on the Scholarship committee, certification chair, and various local school committees. While licensed by the state, Maureen was able to be a supervisor for numerous Student teachers from the University of Maine at Farmington.

Maureen has been a member of MU Chapter since 1992 and was nominated as treasurer in 1993 succeeding the renowned Madelyn Linscott who was treasurer for 17 years. While in Mu Chapter,

Mu chapter's World Fellowship committee, Mu chapter Mainspring chair, member of the finance committee, registrar, assist scholarship committee in notifying potential future educators and treasurer of the Teddy Bear Fair.

On the state level, Maureen has been the state treasurer, a member of the finance committee, Roberta Rogers committee, registrar for the Northeast Regional Convention in Portland, Maine, and a recipient of the Achievement Award of which she is so honored.

After ten years, I married Kevin Kivus on October 1, 2022. We currently reside in Lewiston.

Corresponding Secretary. **Daina Markella**

Daina Allen Markella joined Omicron Chapter in 2002, following in the footsteps of her grandmother and mother. She has served as the treasurer, 2nd vice, 1st vice, and president of her chapter. At the state level, she has served Maine State as the Mainspring editor and has served on the Communications Committee. In 2013, Daina accepted the honor of serving as the 2nd Vice President for Maine State, a position from which she had to resign when a professional opportunity took her out of state. She has returned and is honored to be asked to participate in State leadership again.



Diana Markella

Daina received a Bachelor degree in English from Mount Holyoke College in 1996, and completed a Masters of Organizational Management through the University of Phoenix in 2003. She has spent her professional career switching between private sector and non-profit positions, including management roles at Moosehead Manufacturing in Monson and Wabanaki Public Health in Bangor. She officially joined the education field in 2008, when she accepted a position as Assistant Registrar at New England School of Communications at Husson University.

While there, she began her teaching career with courses in College Experience for first-year students and upper level courses in Organizational Management and Leadership. She served as Registrar at Marian Court College in Swampscott, MA for 16 months, also teaching upper level courses in Business and Leadership. After the College closed, she took a position as Assistant Registrar at North Shore Community College in Lynn, MA. After a few years away from education, she is currently teaching K-12 World Languages with a concentration in Spanish and Italian at Greenville Consolidated School.

Though much of her time is currently consumed with establishing new curriculum and learning multiple languages, she also spends time enjoying her 5-year-old twins, Taylor and Chase, and practicing her mixology skills bartending at The Quarry in Monson. She enjoys traveling to Florida to get a break from Maine's long winters and spending as much time as possible on Lake Hebron in the summer.

Nomination Committee Members for 2023- 2027

Rena A. Kearney



Rena Kearney

On May 26, 1970, Rena became a member of Delta Chapter. She has served her chapter as Treasurer, Vice President, and President. Currently Rena is servicing as Parliamentarian and on the Finance

Committee. Delta Chapter honored her at the State Convention in 1988 as Delta's Honored Member. She regularly attends the chapter meetings. On the State level Rena has served as Treasurer, Recording Secretary, 1st Vice President, Vice President, and President. She has served on several other committees. Rena

has attended State Convention and Fall Workshops from 1973-2019 and 2022. In 1997 Rena received the Alpha Psi Achievement Award.

In 1979, Rena, her mother, and two other members of Delta Chapter drove to Dallas, TX to attend the 150th Anniversary of DKG. This was her first time to an International event. In 1983, Rena and Mildred Hatch drove to Toronto, ON to attend the Northeast Regional.

Now she was hooked! Rena has attended Regional and International meetings from 1985-2019, sometimes seeing some places twice.

At the International level, Rena has served on the International Finance Committee, Educational Foundation Board of Trustees, and International Nominations Committee. In 1993 Rena was chosen to attend the Golden Gift Seminar in Austin, TX.

In 2012 Rena was the Chair of the Seminar in Purposeful Living, Educational Foundation that was held in Washington, DC.

In 2013 Rena was the Chairman of the Steering Committee for the Northeast Regional Conference that was held in Portland, ME.

Rena received a B.S. from University of Maine at Presque Isle and taught in Presque Isle for 42 years before retiring in 2005. She continues to work in the school systems either in Mars Hill or Presque Isle as a substitute. During her teaching career, she served as the school librarian and coached with OM or DI teams.

Rena is involved in her church as organist/piano player, adult Sunday School teacher, and treasurer. She is a member of the Mars Hill Rotary Club and serves as the treasurer of the club. In 2017 Rena had a chance to go to Guatemala to help build stoves. The Rotary Club honored Rena with a Paul Harris Award in September 2020 and also in 2020 she was honored by the Presque Isle Rotary Club as a Community Hero.

Rena has served her town as a member of the Library Board and also on the Town Council. She resides in the same house that she as called home for seventy years. She has a brother who lives in North Carolina. When Rena has time she likes to knit, read, and do Suduko Puzzles.

Jean Roy

Jean taught French at Mt. Blue High for 5 years then returned to Lewiston where she taught French and introduced the Spanish program. She taught both languages at LHS for 29 years.

As a certified Master Teacher she set up mentor training and assigned mentors to all new staff in the Lewiston School Department.



Jean was also the chair of the Certification Committee for the multiple years, which assures that all teachers and ed. techs in the system completed the necessary coursework to maintain their licensure.

Jean served two terms as president of the Lewiston Education Association, in the late 1998-2001 and again from 2010-2014. She also served on the Board of Directors for the MEA from 2000-2007 and attended the NEA Representative Assemblies for twelve years.

Jean retired from teaching in 2014 but returned to work when she was approached by the Governor's office for a six-year appointment to the Maine Unemployment Commission in August of 2016. The Commission is a three person panel which reviews appeals, from both claimants and employers, to the decisions rendered on unemployment benefits. She was the second woman to ever be appointed to the Commission, and the first labor representative to draft decisions for the Commission.

She has been a member of Mu since 1992. Jean served as president for the 2006-2008 biennium and is currently serving as co-president. She served on the Clara Soule Committee for several years and was co-chair of Mu chapter's main fund raiser, the Teddy Bear Fair for five years. She was the webmaster for Alpha Psi during the 2007-2009 biennium and wrote the daily newsletters during the 2013 DKG Northeast Regional Convention when Alpha Psi hosted it.

Thank you Nomination Committee members: Beth Chamberlain and Sharon Romanow, whose term ends at the end of the 2021 - 2023 biennium, and Mary Hammond, Susan Stinchfield-Plaisted, and Thaila Webb whose term ends in 2025.

Scholarship Committee News

As the Chair of the Maine State Organization of DKG Scholarship Committee, I wanted to remind the DKG members that we have 3 different state scholarships available. Since 2023 is an odd numbered year, The **First Timers to International** is available at the end of this year. It is for \$500 and applications should be submitted by December 15th so that the Scholarship Committee can review them and make a decision. Since this is the end of my time as Chair, the incoming Chair of this committee will probably be sending out a reminder in the fall. Another scholarship that is available is the **Maine State Organization of DKG Scholarship (Alpha Psi State Scholarship)**. This is awarded in even numbered years to an active member who is pursuing graduate study at an accredited institution, either full or part time. The amount for this scholarship varies each year. Our remaining scholarship is the **Founders' Fund**. This is to help pay for a special project for a member which could include an educational trip or study, society seminar, Chapter project, or any other appropriate activity. The forms for all these scholarships and a more in depth description of the requirements can be found on our website. International also has many scholarships available, and you can also read about them on our site.

Brenda Sturdivant, Scholarship Chair, Zeta Chapter

The forms for all these scholarships and a more in depth description of the requirements can be found on our website along with my address. International also has many scholarships available, and you can also read about them on our site at

<https://dkgmaine.weebly.com/alpha-psi-brochure.html>.

Brenda Sturdivant, Scholarship Chair, Zeta Chapter

Our main hostess chapter **Omicron** has chosen the JD Foundation as its charity for this year's Spring Convention. The JD Foundation focuses on suicide awareness and prevention. Please plan on making monetary contributions to that cause.

Read more about it under Omicron's Chapter News.



CONVENTION SCHEDULE

“Love, Learn, Lead”

Black Bear Inn, Orono

April 28, 2023 – April 30, 2023

A resounding thank-you to our hostess chapters: Omicron, Alpha, and Zeta!

First Floor - Sargent, Beehive, and Cadillac rooms

Second Floor – Honeymoon Suite

Ground Floor – Kineo Ballroom

Friday, April 28, 2023

4:00-7:00 P.M. Hospitality Room – Honeymoon Suite

4:00-5:30 P.M. Registration - **Sargent Room**

Drop off World Fellowship Baskets - **Sargent Room**

6:00-9:00 P.M. Executive Board Dinner and Meeting - **Cadillac Room**

Saturday, April 29, 2023

7:00 - 8:45 A.M. Registration – **Sargent Room**

7:00 - 8:45 A.M. Hospitality Room - **Honeymoon Suite**

7:00 - 7:45 A.M. Set up World Fellowship Baskets – **Sargent Room**

7:30 - 8:30 A.M. “What’s on Your Mind?” DKG Roundtable Breakfast Discussion with Cynthia Moore – **Beehive Room**

9:00 - 12:00 A.M. General Session – **Kineo Ballroom**

12:30 - 2:30 P.M. Birthday Luncheon – **Kineo Ballroom**

2:30 P.M. Photos of 40 & 50-Year Honorees, Achievement Award recipients, & Scholarship recipients – **Kineo Ballroom**

There will NOT be a hospitality room on Saturday afternoon.

3:00 - 4:00 P.M. “Tulips in the Snow” with Sharlene McGowan - **Beehive Room**

4:00 - 4:45 P.M. Chorus Rehearsal – **Kineo Ballroom**

4:45 - 5:15 P.M. Rehearsal for Installation of State Officers – **Kineo Ballroom**

5:15 - 5:45 P.M. Photos of Past State Presidents, Incoming/Outgoing State Officers, and any other photos we desire - **Kineo Ballroom**

5:30 P.M. Cash Bar Opens – **Kineo Ballroom**

6:00 – 6:15 P.M. Installation of State Officers for 2023-2025 - **Kineo Ballroom**

6:15 P.M. President’s Banquet - Kineo Ballroom – Keynote by Cynthia Moore

Followed by reception for Incoming/Outgoing State Officers – **Kineo Ballroom**

PLEASE MAKE EVERY EFFORT to stay for the reception and enjoy our camaraderie.

Sunday, April 30, 2023

8:00 A.M. – Fellowship Breakfast and Celebration of Life – **Cadillac Room**

THANKS SO VERY MUCH FOR YOUR PARTICIPATION! Please leave your “Responses” (AKA evaluations) in the basket at the registration table.

Traveling mercies for all.



Maine State Organization
Spring Convention 2023 – “Love, Learn, Lead”
Black Bear Inn - Orono, Maine
Friday, April 28, 2023 - Sunday, April 30, 2023

Name _____ Chapter _____

Address _____

City, State, Zip _____

Telephone Number _____ Email _____

Please Check All That Apply:

_____ State Officer

_____ State Committee Chair

_____ 40 or 50 Year Member Being Honored

_____ First Time Attendee

_____ Chapter President

_____ Past State President

_____ Guest of Maine S. O.

_____ **I DO NOT** give permission for my photo to be used in the Mainspring or on our website.

In-person Registration Fee (due April 12, 2023)

\$25.00 _____

Friday, April 28, 6:00 P.M., Executive Board Dinner Buffet

\$29. _____

Including Chicken Cordon Bleu, maple glazed pork, mashed potato, seasonal vegetable medley, tossed salad, bread, beverage, and dessert.

Saturday, April 29, 7:30 A.M., Round Table – Please check if you plan to attend.

_____ DKG International Round Table Breakfast **“What is on Your Mind?”** presented by Cynthia Moore, International Member-at-Large. This is a chance to engage in discussion and provide direct feedback. Please bring your hotel or hospitality breakfast to the **Beehive Room** from 7:30 to 8:30 A.M. Saturday morning. What a grand opportunity!

Saturday, April 29, 12:30 P.M., Birthday Luncheon Buffet.

\$20. _____

Including assorted sandwich buffet with veggie option, pasta salad, kettle chips, pickles, beverage, and Maine S. O. birthday cake Saturday, April 29, 3:00 P.M., Workshop – Please check if you plan to attend.

_____ ***“Tulips in the Snow-Pushing Through Personal Stagnation”*** presented by Sharlene McGowan, DKG International Speaker. As a mental health therapist and depression care specialist, Dr. McGowan will impart suggestions to help participants release emotional stagnation in their daily lives. How women can navigate being overwhelmed will be explored. Participants will learn how to push through and rise above personal tensions towards purpose and joy. Another grand opportunity! Don't miss it.

Saturday, April 29, 6:00 P.M., Maine State Banquet Buffet **\$32.**_____ Including baked haddock, steak tips, roasted red bliss potatoes, seasonal vegetable medley, Caesar salad, bread, beverage, and dessert

Sunday, April 30, 8:00 A.M., Celebration of Life Breakfast Buffet **\$15.**_____ Including French toast, scrambled eggs, bacon, home fries, fresh fruit, toast, juice, and beverage. Although breakfast is included in the price of your guest room, please make every effort to reserve this breakfast meal in honor of our members who have passed during the last year.

Total Registration (add registration and meals) \$_____

Please note: Service charges and taxes are paid by the Roberta Rogers Fund. For any special dietary needs, contact Kelley Webb, Black Bear Inn, kelley.webb@blackbearinnorono.com, (207) 866-7120.

Registration Forms

Mail registration forms and checks payable to Maine S.O. DKG by April 12, 2023 to:

Daina Markella, P.O. Box 414, Monson, ME 04464, daina.markella@gmail.com, (207) 343-0186.

Please adhere to this deadline. As Maine S. O. learned last year, accommodating late registrations is problematic.

Hotel Information

Black Bear Inn, 4 Godfrey Drive, Orono, ME 04473 (207)866-7120

Check in after 3:00 p.m. Check out is 11:00 a.m.

Call the number above and ask for a room in the Maine State DKG block. The rate is **\$148.00** per night plus tax. Continental breakfast is included with this price. To guarantee that you will have a room, make your direct reservation by **April 1, 2023**. If you call after that, you will still get the \$148.00 price if rooms are available.