



Mainspring  
767 West Auburn Road  
Auburn, Maine 04210



Mainspring Fall 2021

## President's Message – Mary Hyland

### *Renew, Respond, and Relate*

Greetings from “just another member who has said ‘yes’ a few more times”... I heard that description at one of my recent training sessions and I like it.

This is our time to **renew** what DKG means to us and to share the gift of this wonderful organization. To do that, we must **respond** to the structures, opportunities, and people in DKG so that we may have a profound impact on education in our own little worlds and around the entire world. And we must **relate** to each other in ways that include all voices and contributions. These are the words that rolled around in my head for last spring's convention thought and they continued to resonate with me during the conference in San Antonio and the state officers' training in Atlanta.



While waiting in Hartsfield-Jackson Airport for our return flight to Maine, there weren't enough people to watch (NOT), so I reviewed my training notes and began to highlight the one-liners that jumped out at me. I decided then and there that it was my responsibility to publicly share them and that doing so would be helpful to all 379 (2020 data) leaders in our great state:

- Leadership development is self-development. Look within. (Sandra Berry would say, “Look up”).
- Remember that geese formation lesson? It still works.
- Listen first.
- Ask members which communication method they prefer.
- Use the International website – no need to reinvent the wheel.
- Don't go too far with the virtual side; we thrive on personal connections.
- What if each member recruited just one member? Imagine the possibilities.
- “I'll come back if asked.” Reinstate.
- “I'm retired.” (Translated: Grandparent who helped her own survive online education).
- Give members small, one-shot jobs to start engaging them.
- The membership chair is responsible. Nope. Membership is everyone's job.
- It's not about my expectations, but about what I will do for you.
- “If I don't say it out loud, it's not happening.” No... Ask for help.
- “If I don't put it on paper, it's not that bad.” No... Ask for more help.
- Use the term educator – a broader image.
- Growing isn't always about the numbers.

Initially, these bulleted points may seem cryptic, but do take some time to reflect upon them and your role in DKG. And let's continue to accept the challenges of renewing, responding, and relating.

See you at workshop.

## Revvng Up for Fall Workshop – October 15-16, 2021 – Hutchinson Center – Belfast

Here are some things that you need to know about Fall Workshop:

**Guests:** Fall Workshop is an opportunity for all. Registered guests are encouraged.

**Hotel:** Fireside Inn will set aside a block of rooms until September 15. After that, the block drops, but you may still be able to reserve a room at the corporate rate. The base rate for a room with two queens/first floor/ pool level is \$143.34. This corporate rate represents a 15% discount and can, however, be applied to whatever room type you want – suites and fireplaces are available. Breakfast is included and is served from 7:00 AM to 10:00 AM. Call (207) 338 – 2090 and be sure to mention Maine State DKG. Of course, there are other hotels in the area.

**The Belfast Rail Trail and the Belfast Harbor Walk:** Weather permitting, here is an opportunity to get in your steps and enjoy camaraderie with your DKG sisters. We will meet at the Armistice Footbridge at 4:00 P.M., which is located at the end of Pierce St. Getting off Route #1 at the exit closest to the bridge (**not** the one for Reny's and the Hutchinson Center) puts you on High St.; Pierce is a left off High St. opposite Waterfall Arts. Once there, there are options to do the Rail Trail (2.3 m. one way) OR the Harbor Walk (0.8 m. one way). Feel free to do your Internet research ahead of time OR take local DKG sisters' advice once you get there.

**Meals:** The caterer we had used for years retired; thus, securing meals was a bit of an adventure, especially when we consider the realities of Covid. We are pleased that the catering allows for us to use individual wrappings, although this means that we pay for reduced risk. Generally speaking, we got a good deal. Michelle at the Hutchinson Center was incredibly helpful with arranging for our meals; please give her your thanks.

**Refresher on Friday night:** For several years, officers and committee chairs have struggled with the repetitive nature of having both an Executive Board meeting and a General Session. This past year, Donna Kennison made some changes that helped alleviate that repetition. Also, Elaine Hendrickson changed up the format of officer training by combining forces, so to speak. The result of these pilots is that there will not be an Executive Board meeting on Friday night – any Executive Board actions will become part of the General Session or they will occur prior to Fall Workshop. Instead, we will hold a refresher for chapter officers. Mary H., Priscilla M., Rachelle T., and Kathy S. will coordinate a combined session for the purpose of disseminating information and providing guidance. (See by-laws, Article IX.B.1.) This will be an inclusive event and all are invited. Just please be sure to register for the meal.

**Payment:** If you send your form electronically, please be prepared to pay the balance when you arrive. In the future, Maine S. O. is hoping for electronic registration/payment.

**Session registration:** Please check the workshops you would like to attend in Sessions I, II, and III. Sessions will be filled on a first come basis. Once they are filled, you will be contacted to choose a different one. Presenters have invested considerable time and effort into planning for your participation. Please enthusiastically sign up and please kindly show up.

**Virtual intent:** A hybrid model of Fall Workshop is planned. The intent is to hold all society business in-person and via Zoom. Should we need to cancel the entire in-person Fall Workshop, your president will be heartbroken and frustrated! However, that is a reality. If this happens, the personal growth/professional development sessions would most likely be put on hold.

## Maine S. O. DKG Fall Workshop

Friday, October 15, 2021

4:00 – 5:00? P.M.	Enjoyment of the Belfast Harbor Walk or Belfast Rail Trail	
4:00 - 7:00 P.M.	Registration & Hospitality	Atrium
6:00 - 8:30 P.M.	Refresher Dinner	Room 138 A

Saturday, October 16, 2021

7:00 - 10:00 A.M.	Registration	Atrium
7:00 - 11:00 A.M.	Hospitality	Atrium

Please check the workshops you would like to attend in Sessions I, II, and III. Please register for workshops. Sessions will be filled on a first come basis. Once they are filled, you will be contacted to choose a different one. Presenters have invested considerable time and effort into planning for your participation. Please enthusiastically sign up and please kindly show up.

### 8:30 – 9:20 A.M. Session I

- A. Goals 2025 Continued... – Elaine Hendrickson
- B. Clara Soule Fund – Dawn MacPherson-Allen
- C. Spread Positivity with Message Clips – Donna Kennison
- D. Travels with Rena – Rena Kearney
- E. Chapter Rules Updating – Kathryn Wilcox

### 9:35 – 10:25 A.M. Session II

- A. Goals 2025 Continued... (continuation of Session I)
- B. Dealing with Trauma – Ours and our Students (Part 1) – Mary Whitten
- C. Rudolph Christmas Ornaments – Judy Bragg
- D. Travels with Rena (repeat of Session I)
- E. Chapter Rules Updating (a continuation of Session I)

### 10:35 – 11:20 A.M. - Session III

- A. What is the GPO and WEP? How can they impact me? – Crystal Ward
- B. Dealing with Trauma – Ours and Our Students (Part 2)
- C. Rudolph Christmas Ornaments (repeat of Session II)
- D. Reading and Writing Workshop: Hybrid Learning – Melanie Ruark
- E. The Journey Behind It All – Connor Archer

11:30 A.M. - 1:00 P.M. Luncheon Room 138 A,B

Keynote speaker – “The Journey Behind It All,” Connor Archer, The Courageous Steps Project

1:15 – 3:00 P.M. General Session Room 138 A,B  
Agenda TBD

## First Vice President's Message – Priscilla McFarland

I can't believe I passed through 7 airports within a two week period this summer! That was the case during my DKG travels to the International Conference in San Antonio, Texas and to Leadership Training for State Officers in Atlanta, Georgia. I enjoyed my time with President Mary Hyland, Finance Committee Chair and Past President Mary Whitten, and Treasurer Kathy Sticht at these fascinating (but extremely hot) venues. In spite of our busy schedules, we were fortunate to visit the Alamo and stroll and dine along the Riverwalk in San Antonio and were able to explore Dr. Martin Luther King, Jr.'s boyhood neighborhood and the site where the Kings' tombs are located in Atlanta. Both cities are appealing and call for another visit to experience the many other features they have to offer.



Highlights of the conference in Texas were International President Becky Sadowski's keynote, an engaging presentation on the history of Texas and the Alamo, a workshop about a Tennessee chapter's video series they created to teach new members about all aspects of DKG, the U.S. Forum session about human trafficking, and a workshop about marketing our organization. In Atlanta, the leadership training was notable for its engaging, interactive, and targeted sessions based on each person's state officer position. At both the International Conference and the Leadership Training, I enjoyed meeting and reconnecting with many dynamic women from Mexico, Costa Rica, and Canada and from all over the U.S.



As First Vice President, I will chair both the Educational Excellence Committee and the Achievement Award Committee. The EEC Committee will be comprised of all chapters' first vice presidents and the chairs of a number of state committees, including Scholarship, World Fellowship, Membership, and Music. For the Achievement Award Committee, three members will be selected by chapters through a designated rotation of chapters. I am looking forward to working with these committees.

The Educational Excellence Committee can be viewed as a clearinghouse of information to help establish quality programming at the state and chapter levels. This year's areas of focus, all considered equally important, are based on the Society's strategic plan. They are: Supporting Early Career Educators (SEE) Schools for Africa (SFA) Promoting UN activities and the Committee for Teaching about the UN (CTAUN) and empowering women to take leadership roles. In addition, the EEC is concerned with the Arts, various programs and projects, and being informed about legislation that deals with educational issues. Information and blogs full of ideas concerning all of these EEC topics can be found on the DKG International's website. Be sure to delve into these!



Schools for Africa is a DKG project in partnership with UNICEF and two other foundations. Since 2010, DKG members have donated nearly half a million dollars to this cause. According to the International website, "To date, Schools for Africa has helped more than 30 million children achieve the dream of an education. It supports the work of UNICEF to build and furnish schools, train teachers, facilitate school access to disadvantaged children especially girls and marginalized children, provide access to clean water and supply students with school materials." Since the cost of shipping materials is so prohibitive and would result in a net loss to the organization, they are only accepting monetary donations.

I would like to encourage chapters to participate in this "Change for Change" activity to raise money for Schools for Africa. It is "based on the idea that small change - the extra coins lying around under couch cushions, in coat pockets, and in desk drawers - can be used to make big changes..." (From the website [change4change.org](http://change4change.org)) Each chapter member would keep a labeled "Change for Change" container at home and would regularly deposit spare change in it. Family members could be encouraged to contribute, too. Then members could bring their collected funds to a chapter meeting prior to Spring Convention. This money would be collected and converted to a chapter check made out to Maine State Organization of DKG with the designation Schools for Africa at the bottom. This would be a great task for your chapter's First Vice President with the help of the treasurer. Our Maine State Organization would then send the total funds collected from the chapters to UNICEF and designated for Schools for Africa. The chapter which collects the most money would be recognized with a certificate.

Your chapter could plan its yearly programs and meeting topics based on EEC's areas of focus. This makes sense because they are so intertwined with our society's 7 Purposes. Rally your chapter to participate in the "Change for Change" initiative to benefit Schools for Africa. What is your chapter doing to support Early Career Educators, those with five or less years under their belts? Are you giving support throughout the school year or just in the fall? Have you informed yourselves about the curriculum materials available through CTAUN ([teachun.org](http://teachun.org)) Share these resources with current educators. How is your chapter growing leadership capacity among its members? Invite individual members to get involved by helping out with your chapter's activities. Ask members to "shadow" a chapter officer or committee chair to learn about that role so that she may be able to easily take it on in the future. Don't forget to incorporate the arts and include discussions about education-related legislation in some of your meetings.

Chapter Presidents, please send me the names and contact information of your First Vice presidents at your earliest convenience so that I may send EEC information to them. And you and your chapter should begin thinking about nominations for the 2022

**2021 Maine S. O. DKG, Fall Workshop**  
**October 15-16, 2021 U-Maine Hutchinson Center, Belfast**  
**"Renew, Respond, Relate"**

For needed workshop details, please refer to the article titled "Revving Up for Fall Workshop."

Name: \_\_\_\_\_ Chapter: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 E-mail: \_\_\_\_\_ (crucial for potential virtual components)  
 Please check all that apply:  
 Maine State Officer \_\_\_\_\_ Chapter Officer  
 Maine State Committee Chair \_\_\_\_\_ Which chapter office do you hold? \_\_\_\_\_  
 First Timer to Fall Workshop (lunch is free) \_\_\_\_\_ Presenter (lunch/registration is free)  
 Guest (will need to pay lunch/registration) \_\_\_\_\_ Registration Fee \$25.00 \_\_\_\_\_

\_\_\_\_\_ Please check here if you **plan** to walk on the Belfast trails Friday, October 15 at 4:00 P.M.

**"Refresher Dinner" – Friday, October 15, 2021** Please choose your entrée. (boxed)  
 Haddock \$25.00 \_\_\_\_\_  
 Chicken Marsala \_\_\_\_\_  
 Stuffed Pepper (wild grains, black beans, veggies with marinara) vegetarian & gluten free  
**Luncheon – Saturday, October 16, 2021**  
 Assorted Appetizers, Salads, Desserts (individual portions) \$16.00 \_\_\_\_\_

Total Registration: \$ \_\_\_\_\_

Tax and gratuity for all meals are being paid through the Roberta Rogers Fund. For dietary restrictions, please contact Michelle Patten at (207)338-8002 or [michelle.patten@umaine.edu](mailto:michelle.patten@umaine.edu)

**Registration Deadline: October 1, 2021** Please make check payable to Maine S. O. DKG and mail/email registration form to: Priscilla McFarland; 43 Woodland Rd., Ellsworth, ME 04605; (207) 460-9841; [pmcfarland1227@gmail.com](mailto:pmcfarland1227@gmail.com)

Sessions will be filled on a first come basis. Once they are filled, you will be contacted to choose a different one. Presenters have invested considerable time and effort into planning for your participation. Please enthusiastically sign up and please kindly show up. Please use this key to indicate your session preferences. This will allow you to 1) submit just this first page to the registrar, and 2) keep the other pages for reference. Just enter the letter that corresponds to the session you wish to attend. Thank-you so much.

Session I. \_\_\_\_\_ Session II. \_\_\_\_\_ Session III. \_\_\_\_\_

by your chapter, and/or by your school. Part 1 will be an overview of this resource and how it can be used. In part 2, we will dig into a portion of the book and discuss the information that it contains. Participants do not need to attend both sessions.

**“Rudolph Christmas Ornament” Judy Bragg (PG)** - This workshop is a hands-on activity with each participant making a Christmas ornament from pipe cleaners, bottle corks, and beads. Participants will be using a hot-glue gun. All of the materials needed will be supplied at the workshop.

**“What is the GPO and WEP? How can they impact me?” Crystal Ward (S, PD)** - Social Security’s Government Pension Offset (GPO) and Windfall Elimination Provision (WEP) penalize educators, police officers, and other state and local government employees who dedicate their lives to public service. The WEP affects 1.9 million people while the GPO affects 695,000 people, according to the Congressional Research Service. If you paid into both MainePERS and Social Security you will be impacted negatively.

**“Reading and Writing Workshop: Hybrid Learning” Melanie Ruark (PD)** – Reading and writing workshop have been structures in my classroom for as long as I have been teaching. Time, choice, and response are also main tenets of instruction. However, how do you combine these structures with hybrid learning where some students are remote and some are in-person? How do you hold to the structure of free reading time, mini-lessons, quick writes, and conferences in this ‘new’ mode of teaching? After reading *180 Days* by Penny Kittle and Kelly Gallagher a few years back, I made some changes, and now I am working on making those changes adaptable to our new hybrid teaching and learning. Come hear how my classroom has evolved over time and some ideas on how to manage changes in these new times. Examples will be high school level focused, but the structures will work in middle school as well.

**“The Journey Behind It All” Connor Archer (PD, PG)** - Through my experiences living with the challenges of autism, I will cover the importance of early intervention and services from a young age all the way through school and beyond. I will also discuss the evolution and growth of The Courageous Steps Project, a 501(c)3 nonprofit organization that strives to help children and young adults with various abilities and challenges all across Eastern Maine and beyond. (Note: This description was submitted for Mr. Archer’s keynote. The specific focus of his workshop session will be determined. Stay tuned).

## Second Vice President and Membership News - Rachele Tome

What will 2021 bring? With all of the ups and downs, and topsy turvy things life has thrown our way, it’s hard to predict what the future bring. That said, this may be a great time to reflect and renew your Chapter’s membership plan for the recruitment and retention of new members.

The Maine State organization website has tools that can serve as a good starting point. The DKG International’s main site also has many resources to help Chapters in this effort, including detailed information related to a membership plan.

Active chapters generate interest and provide opportunities to share the great work of DKG, so be sure visit the Communication & Marketing Tools. There are some great tips for improving publicity, which can generate interest in DKG as an organization. This allows us to share how membership in DKG provides multiple opportunities for members to make a difference in order to impact education worldwide.

To further support your membership goals and efforts, our state membership committee will now be comprised of representatives from each chapter. In the coming weeks, I hope to connect with each Chapter’s representative. This would be a 2nd VP, membership chair or the contact person for this committee. The goal will be for committee members to work together, communicating on a regular basis to support each other, share successful strategies, and brainstorm solutions for challenges.

On very different note, upon the death of a member, please remember to immediately send copies of Form 6 to International, our state treasurer, and me. This will help us stay on top of the record-keeping.

I send wishes for you and your chapter to have an exciting, successful year. Best of luck in your efforts to strengthen and revitalize your chapters. Please do not hesitate to contact me at [rachelletome@gmail.com](mailto:rachelletome@gmail.com) or 207-841-7937 if I can answer any questions or provide support in any way.



## Alpha Psi Achievement Award Recipient 2021 - Linda Hussey

It is my distinct honor to represent our entire state organization in recognizing this year’s Alpha Psi Achievement Award Recipient. She will have the privilege of wearing the gold medallion previously worn by Past State President Madelyn Linscott.

This year’s honored sister sat next to me when we were installed as chapter presidents at the Senator Inn in Augusta – We were challenged and inspired by the many hats a DKG officer may need to wear... perhaps I haven’t retained much about that particular evening, but I do remember being struck by the absolute kindness and compassion of this year’s winner.



Perhaps she has never known that I feel such a special bond toward her. I know that I am not alone. She's about to find out how much she means to ALL of us.

She has also served her chapter on its Finance Committee, Caring Committee, and World Fellowship Committee.

Like many of us, our special sister taught for many years at the elementary level and wore many hats during countless seasons in the classroom.

I been told that when Maine was hostess for the 2013 Northeast Regional Conference, this member literally canvased the city of Portland for sponsorships and donations. That is not hard to picture – who could resist saying no to such a sweet and smiling face?

She has been described as so loyal and so caring – a true model of DKG camaraderie!

If one of us were to label our recipient's personal vehicle, she very well might consider naming it "Beta's Taxi" as our dear recipient is known for her generosity in making sure that her sisters get from Point A to Point B, even if that means a road trip to Frederickton, New Brunswick.

Just in case anyone has not yet figured it out, this year's recipient has worn the hat of World Fellowship Chair going back to at least 2013. We are so indebted to you for your enthusiastic and tireless service, dear LINDA HUSSEY!

Congratulations to you from all your DKG Maine sisters!!!!



## World Fellowship

"Stepping into a brand-new path is difficult."  
Maya Angelou

And the ever-changing COVID-19 pandemic certainly has proven this point for the DKG International World Fellowship Committee. Charged with helping to fulfill the DKG Purpose of supporting and advocating for women to achieve their potential one learner at a time. (The committee has had to modify its awards process because of travel restrictions and other parameters put in place as a result of the pandemic.) Those recipients who are waiting in their home countries- the committee has held their awards with the hope that they will be able to arrive and start their studies in 2021.

## Fall Workshop 2021 Session Descriptions

Key: (S) Society Business, (PD) Professional Development, (PG) Personal Growth

**"Goals 2025 Continued..." Elaine Hendrickson (S)** - Let's get back to work! Prior to COVID, we were making progress toward creating our strategic goals for 2025, but the process stalled. Please join me to reenergize! Let's move beyond the two goals we established by looking back at our notes and see where we stand and where we want to go in the future. If you have ideas, thoughts and concerns, plan to attend this session.

**"Clara Soule Fund" Dawn MacPherson-Allen (S)** – We will go over all the materials gathered two years ago, go over the current by-laws, and work on new by-laws for state and chapter guidance. We would love to have at least one member from each chapter join us.

**"Spread Positivity with Message Clips" Donna Kennison (PG)** - Do you want a quick and simple way to create positivity in your classroom? Attend my hands-on session and we will make a handful of positive message clips to be ready to use in your classroom, the lunch room, or even the playground. If possible, bring a package of clip clothespins and colored Sharpies. I will also have supplies.

**"Travels with Rena" Rena Kearney (PG)** - Do you have some places on your "bucket list" that you would like to see? Come to this informative presentation to see some places Rena has visited since her retirement!

**"Chapter Rules Updating" Kathryn Wilcox (S) - Truth or Fiction: 1)** *"Chapter Rules should be written and filed, only to be referred to if there is a problem."* Fiction: Chapter Rules are living documents. Reviewing and updating your Chapter Rules regularly (once each biennium) helps your group stay current to reflect changing needs. It should be designed to make leadership transitions easier, clarify roles of committees, avoid misunderstandings, and keep your chapter aligned with the national and state organization. **2)** *"Reviewing and updating Chapter Rules is a waste of time, we are just too busy."* Fiction: By having clear expectations and procedures, meetings can be run more efficiently with less time discussing and clarifying which make meetings feel more pleasant. By keeping your Chapter Rules up to date regularly, the process of updating should become streamlined with fewer articles to alter. **3)** *"Chapter Rules are too restrictive and inhibit creativity."* Fiction: Chapter Rules can be designed to be changed easily at a meeting. Robert Rules allow for articles to be suspended for a short period of time to allow for trying something new and before rewriting the rule. This workshop provides an opportunity to meet with the MSO Bylaws and Standing Rules Chair for an overview of how Chapter Rules help your chapter to operate more efficiently especially in transitions, updating you with Society and State changes. Bring a copy of the latest version of your Chapter Rules, your questions and concerns. Let's get this done.

**"Dealing with Trauma: Ours and Our Students" Mary Whitten (PD, PG)** - Since early 2020, we have all experienced trauma due to COVID-19. *Trauma Doesn't Stop at the School Door: Strategies and Solutions for Educators PreK-12* by Dr. Karen Gross received the 2021 DKG Educators Book Award. We will take a look at this resource and how it can be used by yourself,

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7:00 - 10:00 A.M.	Registration	Atrium
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11:30 A.M. - 1:00 P.M.	Luncheon	Room 138 A,B
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Keynote speaker – “The Journey Behind It All,” Connor Archer, The Courageous Steps Project

1:15 – 3:00 P.M.	General Session	Room 138 A,B
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Agenda TBD

Remember that the contributions and bequests by DKG members-You- determine the number of World Fellowship Awards given each year by the committee. Even with all these challenges: Awards given in 2019-2020

Now our BIG news !! Our TOTAL!!! For 2020-2021

19	\$4,000 awards
7	\$500 extensions
4	\$1,000 extensions

Total = \$ 83,500 to 30 women in 21 countries.

We just sent in our over all contribution of \$ 1,799

(A special thank you to Donna Kennison and the outstanding work of her supporters, who made this all possible!)

We are hoping to be together for our Spring Convention.

Perhaps we will be able to have our fabulous Raffle Basket Celebration!!!

It will be a HAPPY TIME TOGETHER!!!

(Remember \*\* laughter, excitement, cheers, surprises, fun, sharing, caring and togetherness!!!)

Again a special thank you to each Sister for their commitment to World Fellowship Program!!! Together you can do anything!!! You do make a difference!!!

World Fellowship Chair, Linda Hussey

## Scholarship News

As the Chair of the Maine State Organization of DKG Scholarship Committee, I thought I would remind the members of the scholarships available to them through our state organization. The First Timers to International is awarded to a member who is interested in attending International for the first time. This award is for \$500.00, and the application should be sent to me no later than December 15, 2021. Another scholarship that is available is the Alpha Psi State Scholarship. This is awarded to an active member who is pursuing graduate study at an accredited institution, either full or part time, and the application is due by March 1, 2022. The amount for this scholarship varies each year. Our remaining scholarship is the Founders' Fund. This is to help fund a special project for a member which could include an educational trip or study, society seminar, Chapter project, or any other appropriate activity. This application will be due by March 1, 2023. I will send out a reminder concerning this scholarship in the fall of 2022. The forms for these scholarships and a more in depth description of the requirements can be found on our website along with my address. International also has many scholarships available, and you can read about them on our site. Good luck to all the applicants. Brenda Sturdivant, Zeta Chapter



### Help the Students and Teachers at the Dr. Levesque School!

The students and teachers at Dr. Levesque Elementary School in Frenchville need our help! As you may have heard, their school building burned in late July due to faulty electrical components. The building was a complete loss. At the recent Maine State Administrative Board meeting, it was decided that as a state organization, we would like to contribute money to the school district to help purchase whatever is still needed. We encourage chapters to

raise money for the teachers and students in a manner that works best for you. Bring the check made out to Maine State Organization to Fall Workshop indicating that it is intended for the Dr. Levesque Fund. Please give the check to treasurer, Kathy Sticht. If you prefer, the check can be mailed to her at 106 Morrill Rd. Belmont, ME 04952. Any questions can be directed to Elaine Hendrickson at [elaine.hendrickson@gmail.com](mailto:elaine.hendrickson@gmail.com). Thank you for your generosity!

### Delta Chapter News

Maine State Organization President, **Donna Kennison**, joined us for our April meeting via ZOOM. Donna brought greetings to our group from MSO and updated us on plans for the virtual Spring Convention. In June, on a hot evening, a small group of us met at Mantle Lake Park to discuss the previous year and begin planning for the 2021-2022 year. **Madison Leach**, who teaches kindergarten at Fort Fairfield Elementary School, received the 2021 Delta Early Career Educator Grant to purchase books to promote phonemic awareness and materials for literacy centers in her classroom. Congratulations, Madison! Our former collegiate member, **Autumn Hersey**, has been hired to teach special education at Limestone Elementary School. Needless to say, Autumn is ecstatic! **Julie Gardner** is transferring to Presque Isle High School to teach math. In preparation, she had to take Secondary Math Methods! Best wishes, Julie! **Betsy York** and her husband, John, were surprised by their children and grandchildren with a 50<sup>th</sup> Wedding Anniversary Celebration this summer. **Carolyn Phelps** and her husband, Ken, visited their 48<sup>th</sup> state this summer. While in Kansas they toured the Pony Express and Eisenhower Presidential Museums. Six students helped **Rena Kearney** paint the room that houses the Mars Hill Community Cupboard. They also helped to put the food back on the shelves. All six earned Community Service hours toward graduation. **Debbie Wright** spent a relaxing summer in her flower gardens and with her grandchildren. **Elaine Hendrickson** participated in the Katahdin Learning Project Teacher Camp and helped guide four groups of students along the Deasey and Esker Trails in Katahdin Woods and Waters National Monument over the summer. Submitted by Elaine Hendrickson



Maine State Organization

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"Renew, Respond, Relate"

For needed workshop details, please refer to the article titled "Revving Up for Fall Workshop."

Name: \_\_\_\_\_ Chapter: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 E-mail: \_\_\_\_\_ (crucial for potential virtual components)  
 Please check all that apply:  
 Maine State Officer \_\_\_\_\_ Chapter Officer  
 Maine State Committee Chair \_\_\_\_\_ Which chapter office do you hold? \_\_\_\_\_  
 First Timer to Fall Workshop (lunch is free) \_\_\_\_\_ Presenter (lunch/registration is free)  
 Guest (will need to pay lunch/registration) \_\_\_\_\_ Registration Fee \$25.00 \_\_\_\_\_

\_\_\_\_\_ Please check here if you **plan** to walk on the Belfast trails Friday, October 15 at 4:00 P.M.

"Refresher Dinner" – Friday, October 15, 2021 Please choose your entrée. (boxed)  
 Haddock \$25.00 \_\_\_\_\_  
 Chicken Marsala \_\_\_\_\_  
 Stuffed Pepper (wild grains, black beans, veggies with marinara) vegetarian & gluten free  
**Luncheon – Saturday, October 16, 2021**  
 Assorted Appetizers, Salads, Desserts (individual portions) \$16.00 \_\_\_\_\_  
 Total Registration: \$ \_\_\_\_\_

Tax and gratuity for all meals are being paid through the Roberta Rogers Fund. For dietary restrictions, please contact Michelle Patten at (207)338-8002 or [michelle.patten@umaine.edu](mailto:michelle.patten@umaine.edu)

**Registration Deadline: October 1, 2021** Please make check payable to Maine S. O. DKG and mail/email registration form to: Priscilla McFarland; 43 Woodland Rd., Ellsworth, ME 04605; (207) 460-9841; [pmcfarland1227@gmail.com](mailto:pmcfarland1227@gmail.com)

Sessions will be filled on a first come basis. Once they are filled, you will be contacted to choose a different one. Presenters have invested considerable time and effort into planning for your participation. Please enthusiastically sign up and please kindly show up. Please use this key to indicate your session preferences. This will allow you to 1) submit just this first page to the registrar, and 2) keep the other pages for reference. Just enter the letter that corresponds to the session you wish to attend. Thank-you so much.

Session I. \_\_\_\_\_ Session II. \_\_\_\_\_ Session III. \_\_\_\_\_



## STRETCH Your Teaching

March 19, 2022

Hutchison Center, Belfast

8:30-2:00

### Keynote:

**Elizabeth Hartford**, a social worker who lives in Woodstock, Maine has written "The Bear and the Chair," a fun book for children to learn coping skills. It is her mission to help children manage stress.

Based on a real-life bear and chair, this book teaches a "Bear Skill" for handling anxiety. It shows how one can practice settling nerves as they read about Isabelle and her friends.

Elizabeth Hartford is a Licensed Clinical Social Worker and a certified yoga instructor. During twenty-three years as an outpatient therapist, she watched anxiety disorders grow out of control, only to be magnified by the pandemic. She says, "My goal is to remind people to use their bodies to gain control over troubling thoughts and fears."

**Sessions presented by other educators from around Maine include such topics as:**



- More from Elizabeth Hartford
- Identifying sensory challenges students might have and the roles of an occupational therapist and physical therapist play in schools
- Math practice on "catching number sense"
- Outdoor activities for kids, even parents and grandparents will enjoy this

Virtual sessions may also be offered either before or after this date.

**Contact hours are available.**

**Morning snacks and lunch is serve as part of your registration**

**Registration Information will be available by January 1, 2020 at <https://dkgmaine.weebly.com/>**

**For more information contact: Donna Kennison at [mimiken7@gmail.com](mailto:mimiken7@gmail.com)**

**An excellent was to receive contact hours to S-T-R-E-T-C-H Your Teaching!**

*Save the Date*

Below: Right York presents with Delta's Educator



to left: Betsy Madison Leach Early Career Grant.

### Goals 2025 Continues...

**Let's get back to work on Goals 2025.** A new committee has been formed under the guidance of President Mary Hyland and Committee Chair, Elaine Hendrickson. The committee and any members who are interested are invited to attend a workshop entitled, **Goals 2025 Continues...** on October 16, 2021 at Fall Workshop. We will look at the two goals and suggested activities developed prior to COVID. These goals are:

1. Twenty percent of statewide membership will be women actively working to educate others.
2. To ensure that the educational community and general public recognize DKG as professional organization of leading women educators.

Using the notes developed during The Society Forum in 2019, those contributed by members of our Executive Board, and new, fresh ideas, we will continue to develop a nimble and workable strategic plan. If you would like further details, please contact Elaine Hendrickson, [elaine.hendrickson@gmail.com](mailto:elaine.hendrickson@gmail.com)



**Epsilon Chapter** had a busy spring and summer! This spring we were proud recipients of a grant allowing us to continue our Books for Babes program. This grant should fund our books for many Waldo county newborns to come. After



enjoying a lovely June planning meeting outside, we were able to then celebrate our Grant in Aid recipient, Alex Fountain. A lovely article was written up in a local newspaper regarding this: <https://waldo.villagesoup.com/2021/07/29/local-woman-receives-1500-epsilon-chapter-scholarship-2/>

Also in July, our chapter was able to host our yard sale, raising money for Grant in Aid, for next year's recipient. After such a hard year, these were wonderful ways to celebrate and come back together as a chapter, with in-person events!  
Megan Hills, Epsilon Chapter President

## Gamma Chapter

With the question, "How can we grow and transform as an organization?" President Rachelle Tome set the tone for Gamma's annual planning meeting in June.

Our chapter will build from our annual self-assessment to work on two goals: 1) taking outreach opportunities to recognize local educators, and 2) looking at potential partnerships with other area organizations. In this way, our group would also become more visible and viable in our community.

At the same time, Gamma will build on our five-year record of bringing professional development opportunities to educators. Our September meeting will provide instructional strategies related to a "Teen Wilderness Expedition," as presented by Melanie Ruark, of Gamma. Join us to discover what happens when you take 18 teenagers into the North Maine Woods for three days and two nights. Melanie will share how the Piscataquis County Soil and Water District and Appalachian Mountain Club teamed up to create an amazing learning adventure for students.

Our Saturday-in-April workshop in 2022 will feature Sharon Gallant, science teacher at Gardiner Area High School, with a hands-on workshop called SCIENCE: MAKE IT AND TAKE IT. This is planned for April 2 or 9, 2022. Save those dates and stay tuned for more details. Sharon always presents an exciting workshop.

Also in our annual plans are fellowship and assessment opportunities within our group. We will have a coordinated meeting with the Boys and Girls Club organization at their new Augusta center. In addition, Elaine Hendrickson will update us on the Katahdin project. We're looking forward to GREAT year!

## News from Theta



Theta held four in-person meetings during the spring and summer. In April we celebrated Theta's birthday with a beautiful cake. Then we continued our work on the revision of our chapter's By-laws.

Two members who couldn't attend were able to give their input remotely during this hybrid meeting. In May we met on a picnic table outside the Ellsworth Public Library where we were able to access their WiFi to continue our work on the By-Laws.

On a Saturday in June, members and guests toured the lovely Charlotte Rhodes Butterfly Garden in Southwest Harbor and the always gorgeous Asticou Azalea Garden in Northeast Harbor. This was followed by lunch and popovers on the deck of the historic Asticou Inn. Judy Bragg hosted a planning meeting at her home in July. Members met from 10 to 3 and enjoyed a delectable meal prepared by Judy along with potluck salads and desserts. The group accomplished the vital task of producing a month-by-month plan for the upcoming year's meetings, volunteer work, and outings. Theta's September meeting will focus on finalizing our plans for meeting our responsibilities for hosting Fall Workshop, deciding on our gifts for new teachers, discussing our gift baskets of essentials for the First Families apartment house, and setting up our volunteer schedule for Community Closet. We also will continue revisiting and refining our By-laws.

## Maine State DKG is planning its fifth annual STRETCH Your Teaching workshop for March 19, 2022

at the Hutchinson Center in Belfast. At this point in time we plan for it to be in person, otherwise it will be virtual as last year. Since 2016, this has been a yearly workshop except for 2020 when it was canceled due to the pandemic. This workshop is open to members and non-members. Therefore, spread the word. The list of presenters is only a sampling of offers. We are still looking for presenters, so if you or someone you know has a topic of interest and is willing to be a presenter, let me know.

Donna Kennison at: [mimiken7@gmail.com](mailto:mimiken7@gmail.com) or call and chat with me: 207-743-8032.

