# **Alpha Chapter Newsletter**

# Highlights for January-December, 2020



February ME Railroad Presentation- Clare Soule Gift Bags- March Book Sale





Thelma Merritt, 50 Year member- Donna Kennison, MSP- Induction, Amy Reif



#### February



March



October

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# **NEXT MEETING**

Our plan is to meet in March. We will let you know as we need to keep everyone safe.

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# **UP COMING EVENTS**

\*Stretch \*Spring Convention \*International Conference

# **ON LINE QUICK TIPS:**

Please visit the DKG State site, go to more, Chapters, and then Alpha Chapter

November

#### \*Calling Tree:

The "Calling Tree", is going very well. Many Alpha Calling Tree Sister's, have expressed how in conversations with there month's sisters they are learning many new insights about that person. They are having a great time connecting with the monthly calling members.

\*New feature will be a new monthly calling tree question. Make sure you convey your answer to your sister when she calls.

#### \*Chapter Meeting:

Do to the COVID-19 Restrictions and our host church being closed, we will forgo our February meeting. With this being said, we will have our Clare Soule creative gift bag session in March along with the book Sale and our Author Emma Rose.

# \*S-T-R-E-T-C-H your teaching Workshop March 20. 2021:

Hutchinson Center, Belfast, ME

Elaine Hendrickson and Mary Hyland are still working on the STRETCH workshop to be virtual.

#### Spring to Fall Convention 2021:

April 30-May 2, 2021

Hilton Gardens, Bangor, ME (stay tune for details)

# 2021 International Conferences: July 7-10, 2021-Portland Oregon July 21-24, 2021- San Antonio, TX July 28-31, 2021-Tampere Finland

#### **QUATRAINS FOR A NEW YEAR:**

#### January

Cold January comes tripping,

Icicles are dripping,

Merry little one,

Your journey's just begun.



Home made yarn wheel by my husband as a gift.

#### **Poetry Book:**

# <u>Silver Ships</u>

By: Theresa Druley Black

#### <u>MUSIC</u>

A day without music? Never! At morning comes the chirping of the birds, Suddenly it breaks forth into glorious song, The bells in church towers bring solace to the lonely; The sweetest music of the world is found In the carefree laughter of childhood, Music is everywhere, And in the heart of you.



Sheila Cochrane said her school, "Etna-Dixmont, Plymouth Elementary", were doing a week long virtual family literacy week around the book, <u>Evelyn Del Ray is Moving Away</u> by Meg Medina. The two characters in the book are best friends and kind to one another. During the week the school had a "theme" for each day and one of the days was to,"Dress up as a kind character", Sheila dressed up as Piglet as you notice in her picture above. The school had wonderful family support!

On this day Thalia Webb answered the door to find Piglet, (Sheila Cochrane) who was on her way home from school to work with Thalia on our Chapter Rules.

# COVID-19 LESSONS Author: Fawn Condon

-Strength of our faith.

-Importance of staying in regular contact with family and friend.

-Uplifting feelings of getting rid of ,"stuff" and of organizing.

-Value of exercise and eating healthy, as well as the appreciation of nature.

-The worth of being prepared, (do you have enough toilet paper?) Ha, Ha!

-The awareness of life at a slower pace and being thankful to all the workers on the frontline.

#### Stay at Home Recommendations: TED TALKS:

\*PBS Nature: <u>https://www.pbs.org/wnet/nature/episodes</u>. You can also go to the PBS station and watch nature shows.

\*Virtual Hiking Trails That Take You Around The World: <u>https://www.travelandleisure.com/trip-ideas/</u> <u>nature-travel/virtual-walking-trails</u>.

**NEWSLETTER INFORMATION:** PLEASE SEND A NOTE, PICTURE, OR EMAIL TO US BY THE END OF THE MONTH FOR OUR NEXT NEWSLETTER.

Where we are not meeting again until March, we are looking for information from our members for a section we are calling **(Happenings in The Lives of Our DKG Sisters.)** Examples could be:

**Staycations Recommendations:** Reading lists, recipes, movies, computer sites, crafting, Pinterest, Books and Puzzle swaps, TV sites, History, Travel, Hiking, Biking etc.

Health: Birth, Death, Health concerns Pictures:

**Question of the Month: What is your favorite song?** Please let your calling tree Sister Know.