

# Alpha Chapter Newsletter

## Highlights From Past March Years Ago.



### Happenings in The Lives of Some of Our DKG Sisters.

- \*Esther is busy getting members to reconnect to Retired Teachers.
- \*Shirley has been very busy with ZOOMS from Senior college and Wabanaki Land Trust. She swims once a week and takes classes at the Y, and has been hiking and skiing.
- \*Cyndi is very busy teaching as are all our working teachers. She has meetings on Wednesdays and does PLC meetings in the mornings. Regular school days she teaches at school and then has to connect with her students that are distance learning. She is very proud of her daughter who works in a Portland Hospital and her son who is in his next to last semester for his masters.
- \*Judy T.-helping a 97 year old friend with his finances. Also helping her neighbors.
- \*Julia M.- has been tutoring a High School neighbor and dislikes ZOOM!!

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### NEXT MEETING

Our plan is to meet in April. We will let you know as we need to keep everyone safe.

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### UP COMING EVENTS

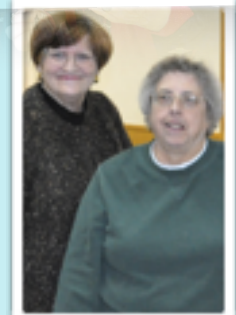
- \*Stretch is Virtual
- \*Spring Convention is Virtual
- \*International Conference

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### ON LINE QUICK TIPS:

Please visit the DKG MSO site, go to more , Chapters, and then Alpha Chapter

March



Meeting 2015

## \*Calling Tree Responses For 2021 Personal Goal:

- \*Thalia- goal is to be more patient, she loves feeding the birds, cooking and making plans for Aruba.
- \*Peggy S.- to get her eye surgery out of the way so she can see better.
- \*Vanessa- is working on her CAS in Ed. at UMO. and her goal is to improve Reading and IEP/Remote learning plans and to continue on her educational journey, the class she is now taking is a stake holder class which is learning ways to get parent engagement in the community.
- \*Linda H.- to be able to have family and friends together.
- \*Lisa- to work on saying "NO", so she can slow down and enjoy more leisure activities.
- \*Joy- would like to get down hill skiing in this year before the winter is over.
- \*Alice- is busy organizing and quilting. She made a quilt for everyone in the family for Christmas. Her goal is to spend time in her happy place-her quilting room.
- \*Elaine- would like to get out of Bangor. (Sounds like she is having cabin fever like many of us.)
- \*Hope H.- to read more and to be on her devices less.
- \*Beth K.- planted 60 bulbs in her flower garden and she is looking forward to seeing them in bloom, and to work on new flower beds.
- \*Sue G.- to maintain her weight loss, continue walking, exercise daily, and to stay healthy.
- \*Deb Z.- see her kids and grandkids.
- \*Fawn- Quarterly goals 1. Physically see her Arkansas granddaughter and family, Roxanne, Aaron, Levi and Gavin (Whom Fawn has never met.) 2. Spend more quality time with her Husband. 3. Get healthier body and soul. 4. Continue to organize household.
- \*Mary S.- is still working at her church office several days a week, but has set a goal to organize and categorize her memories and possessions at home.
- \*Amy R.-is working hard to finish a baby quilt before Granddaughter #5 arrives sometime in April.
- \*Sue N.- has been subbing at the middle school. She is busy at home with three boys! One son is tested frequently for COVID 19 at UM, keeping her household safe. Her goal is to lose some weight.
- \*Gail R.- is teaching 6th grade ELA and is very busy. She is eagerly awaiting her COVID-19 vaccine and is hoping for the border to open too. Her goal is to enjoy a trip to Canada.
- \*Kathy P.- is busy with family, still waiting for her vaccine. Her goal is hoping things will get back to some sort of safe normalcy.
- \*Dottie P.- I have sadly decided I need to retire, so my goal is to enjoy my year with my students and to do my best to help them enjoy learning.
- \*Sandra B.- her goal is to get vaccinated as she has had troubles with the website.
- \*Janice S.- her goal is to be safe to go visit her sister in October.
- \*Anna B.- goal is looking forward to being able to get out and drive and visit family.
- \*Alison C.- was enjoying her February school vacation and her goal is to survive this school year.
- \*Barb C.- has been reading a new author Marie Benedict. Her goal is to get organized.
- \*Sheila C.- looked forward to school vacation. Her goal is to slow down a bit and take care of her health.
- \*Jan C.- her goals are to be healthy and to return to her regular activities.



\*S-T-R-E-T-C-H your teaching  
Workshop March 20, 2021  
(Is Virtual)

\*Spring to Fall Convention 2021  
April 30-May 1, 2021

2021 International Conferences:  
July 7-10, 2021-Portland Oregon  
July 21-24, 2021- San Antonio, TX

## Quatrains for the New Year:

March

A boy and a girl with a merry eye,  
Watching a kite ride high in the sky,  
You blow and you tease, you'll Naughty chuel  
Oh, March, you make the rabbits skirl.

## Poetry Book:

Silver Ships

By: Theresa Druley Black

Keep On

Just keep pegging away at your task,  
You must start or you'll never get far,  
You'll never progress standing still,

## Happenings in The Lives of Some of Our DKG Sisters.

- \*Carol-She has been having fun talking to friends and DKG Sisters. as well as staying close to home, reading, walking her dog and happy to get her vaccine.
- \*Esther is busy getting members to reconnect to Retired Teachers.
- \*Anna B. is staying close to home and enjoying knitting. She was busy as a "Baby Cuddler" at EMMC, but because of COVID that activity was postponed. She hopes it will start up again. She has also be face timing with family.
- \*Fawn-has been working with her husband Bill at finishing off a room in the cellar. They totally gutted it and have been working for a year on weekends. Each month she decorates her home with a theme. Her and Bill occupy their time visiting her mom, face timing, and talking to family & friends, as well as watching grandchildren's sporting events and movies on TV.
- \*Bobbie- walks her 2 Boston Terriers, Reads, does puzzles and has been cooking. She spoke about what she remembered of the Polio epidemic when she was in Jr. High, that all activities were cut out and they were tutored at home.
- \*Sue G.- she has been walking every morning outside even in the cold weather. She wanted to remind us that Brenna's Birthday is June 23rd. Sue also said that she hoped Alpha Chapter would mention what a wonderful job our MSO President Donna K. is doing keeping everything going for us. Also, Sue mentioned to Donna when she was requesting information for the Mainspring about what chapters have been doing. Fawn and I submitted a 5 page report to her.
- \*Elaine is helping with her grandchildren. Her two year old grandson is with her all day and her six year old granddaughter is usually there before and after school. Recently she is with Elaine due to remote learning, as Bangor Schools were not in sessions for a while. Elaine, also works ten hours on the weekend preparing taxes for HR Block.
- \*Beth K.- goes to school on Indian Island as she is not able to get internet at home. Students have not been in school since last March. Beth, the secretary and the principal go each day. After a safety check, Beth works in the back of the building and does not see anyone. Last year she gave her notice to retire as she was required to 18 months in advance and is trying to work through the paperwork.
- Cathy L.- said all is well with her calling list. They are all anxiously awaiting their vaccines, reading, cooking, talking on the phone, as well as loving how connected they felt to Alpha Chapter members. They are all busy, staying positive, and very happy to hear less on the political scene. Also, weather has made it easier to get to appointments. "Linda M., Carolee, and Julia."
- \*Linda M.- has been helping neighbors with appointments and some good meals!!
- \*Linda H.- loves the calling tree as it keeps her connected with her Sisters.
- \*Hilda W.-has been enjoying the FL weather. She does water aerobics, plays cards, and is in two golf leagues. She lives on the 17th hole in Largo FL.

### Stay at Home Recommendations:

- \*DIY crafts and projects at <https://diyprojects.com> is a fun and easy way to learn some new crafts on your budget no matter the season. Whether that's getting ahead on spring cleaning, organization tips for every room, a new yard project or the best way to epicycle used goods, or charming crafts for weddings or parties.
- \*DIY for remodeling or gardening at <https://diynetwork.com> this site provides resources and knowledge through step-by-step photos and videos to get any project done right.

**NEWSLETTER INFORMATION:** PLEASE SEND A NOTE , PICTURE , OR EMAIL TO US BY THE END OF THE MONTH FOR OUR NEXT NEWSLETTER.

Hopefully we will be meeting in April, we are looking for information from our members for a section we are calling (Happenings in The Lives of Our DKG Sisters.)

**Question of the Month:** **If you found a pot of gold, what would you do with it?** Please let your calling tree Sister Know.

Please be thinking about presenters/program ideas for next year. We will be sending out a form.

\***Dues open April 1st** which will be here before you know it. We will let you know the amount soon.